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An inclusive approach to assessing and managing chronic wounds

Aims and intended learning outcomes

The aim of this article is to enable nurses who are responsible for managing chronic wounds to apply knowledge of the wound healing process to the assessment and decisions made about wound care. The article explores the contribution of the nurse, the multidisciplinary team, patients, and informal carers in the promotion of self-management of wounds. After reading this article and completion of the time out activities, you should be able to:

- Apply knowledge of the wound healing process to the assessment of wounds
- > Critically reflect how wound assessment influences clinical decision making in wound care
- Using a patient centred approach, appraise the value of a multi-disciplinary team (including significant others) approach to wound care
- > Examine the impact of patient involvement in the promotion of self-management of wounds

Abstract

Chronic wounds can be a burden for the patient, with loss of independence, social withdrawal. Additionally, they are challenging for the health services providing care potentially over a long period of time and across different health and care settings. Information needs to be shared with all those caring for a patient with a wound and the inclusion of appropriate specialists can be key to achieving healing in a timely manner. These patients need detailed holistic assessment, both of their health and their wound, using a structured assessment process from care providers with the required knowledge, skills, and behaviours to achieve the determined goals. Patients and carers may benefit from education on wound healing and inclusion in decision making as part of the multidisciplinary team as self-care is promoted as an enabler of independence, promoting a sense of control, and improving well-being. This article examines the practical application of wound assessment that leads to good decision-making, involving the multi-disciplinary team and most importantly, how healthcare professionals can empower themselves and those they care for who have chronic wounds to promote patient involvement and self-management of wounds.

Clinical Context of Chronic Wound Care

Chronic wounds are complex and, by definition, difficult to heal due to an often-extensive array of factors (Smith and Sharp, 2019). Nursing care of people with wounds that are determined to be chronic is complex, multifactorial and will often involve input from the multidisciplinary health and care team mainly within a community setting (Gray et at, 2019). Within healthcare in the United Kingdom (UK), we are faced with an increasing incidence of people with chronic wounds who require care (Guest et al, 2017) resulting in an estimated 3.8 million people living with a wound in the UK (Guest et al, 2020). This situation is juxtaposed with a notable decline in community nurses (Guest et al, 2020) and year-on-year increases in overall nurse vacancy rates within the NHS (NHS Digital, 2022).

It is acknowledged that living with a chronic wound can result in decreasing independence, social withdrawal, and loss of a sense of control (Pragnell and Neilson, 2010; Kapp et al, 2017; Murray et al, 2018). Therefore, it is important that these individuals are empowered to participate in decisions regarding their wound care and to care for their wound if they are able to, or wish to do so (Wounds International, 2016; Gupta et al, 2017). The impact of the Covid-19 pandemic emphasised the need for enhancing patient participation in wound care. Here, the limited contact between people with wounds and nursing staff, temporary closure of wound clinics and services drove the need to empower healthcare practitioners, people with wounds, their significant others, and their carers to embrace an increased emphasis on patient involvement in wound care (Queen and Harding, 2022).

Holistic assessment

Managing wounds requires clinicians to be competent at wound assessment as this is the starting point for their clinical decision making (Doherty, 2020). This assessment should be holistic, and patient centred closely involving the patient to ensure shared decision making and to encourage them to take an active role in their wound management.

Holistic assessment of a wound begins with the patient, usually through questioning and observation, to identify the patient's issues with the wound and any potential barriers to healing (Smith & Sharp, 2019). Only once this has been completed should clinical examination of the wound be started (Lloyd-Jones, 2017). This is a role usually undertaken by a healthcare professional who has the understanding, experience, and knowledge of the wound healing process, often a registered nurse.

As the landscape of healthcare delivery changes, so too must the activities of those health and care professionals facing the patient. With appropriate supervision and training other health and care professionals may undertake wound care, including practitioners not previously involved in wound care such as community pharmacists who have, over recent years, a more significant role in the management of chronic health conditions and this can include wound care (Mossialos, 2015). Healthcare assistants and associates may undertake wound care, following a care plan when they have sufficient knowledge to identify changes in the wound. Whilst this approach has merit, variation in wound care related knowledge and skills across the health and care workforce has been acknowledged as a potential contributor to inadequate care (National Wound Care Strategy Programme (NWCSP), 2021). Inexperience can lead to components of a holistic/patient centred assessment being lost as practitioners tend to focus on the wound and miss valuable information about the patient (Brown & Flanagan, 2013).

In response to clinical need, the *National Wound Care: Core Capabilities Framework for England* (NWCSP, 2021) was published to define the knowledge, skills and behaviours needed by the multiprofessional workforce who are involved in wound care and are outlined in table one below:

Table One: Wound Care Core Capabilities adapted from The Wound Care Core Capabilities Framework (NWCSP, 2021)

DOMAIN	DOMAIN TITLE	TOPIC/CAPABILITIES
А	Underpinning	1. Underpinning principles
	principles	
В	Assessment,	2. Assessment and investigations
	investigation and	3. Diagnosis
	diagnosis	

С	Wound care	4. Care planning
		5. Wound care and interventions
		6. Referrals
D	Personalised care and	7. Communication
	health promotion	8. Personalised care
		9. Prevention, health promotion and improvement
E	Leadership &	10. Leadership & management
	management,	11. Education
	education and	12.Research, audit and quality improvement
	research	

Wound assessment

Healthcare Improvement Scotland (HIS) advise the completion of a wound assessment for every patient or client with a wound (HIS, 2021). Assessment is traditionally carried out when a wound is first identified, ideally a formal wound assessment tool is used, thus completing the assessment in a systematic, structured way, however, concern has been raised that this is not widely practiced (Moore et al, 2019).

White (1999) suggested that using a structured approach to wound assessment can aid diagnosis and thus treatment decisions. Using a structured assessment process to develop a care plan for patients with a chronic wound has been shown to reduce healing times and also reduce the need for systemic antibiotics in Sweden (Öien & Forssell, 2013). These decisions require knowledge of wound healing and the use of clinical judgement to decide on treatment options or further tests to make a formal diagnosis, yet, as many as 30% of wounds do not have this assessment and diagnosis (Guest et al, 2015).

There are several frameworks to aid structured wound assessment, these include the principles from Wound Bed Preparation (WBP) (Schultz et al, 2003), with the Tissue Inflammation/Infection Moisture balance and the wound Edge (TIME) framework developed to aid the application of these principles. Other tools such as Applied Wound Management (AWM) have been developed by Gray (2005).

Coleman et al (2017) published a minimum data set (MDS) for wound assessment, a list of what their expert panel considered to be relevant components to be included in a wound assessment tool. Earlier, Greatrex-White and Moxey (2015) identified from the literature, what they considered to be the desirable characteristics for a wound assessment tool and used this information to assess available wound assessment tools. These two papers, when combined, give a good indication of what is appropriate in an assessment tool to support the systematic assessment of a wound (see Tables Two and Three).

General Health information	Wound symptoms
Risk for delayed healing: blood supply/meds	Presence of wound pain
Allergies	Wound pain frequency
Skin sensitivities	Wound pain severity

Table Two: Key criteria identified by Coleman et al (2017)

Quality of life impact	Exudate amount	
Patient or carer information	Exudate consistency/type/colour	
Wound baseline information	Odour occurrence	
Number of wounds	Signs of systemic infection	
Wound location	Signs of local infection	
Wound type/classification	Whether a wound swab has been taken	
Wound duration	Specialists	
Treatment aim	Investigation of lower limb (ABPI)	
Planned reassessment date	Referral (TV, Hospital Consultant)	
Wound assessment parameters		
Wound size (max l, w, d)	Wound bed tissue amount	
Undermining/tunnelling	Description of wound margins/edges	
Category (Pressure ulcers only)	Colour and condition of surrounding skin	
Wound bed tissue type	Whether the wound has healed	

Table Three: Characteristics suggested as meeting the needs of nurses when assessing wounds (adapted from Greatrex-White & Moxey, 2015).

Characteristics of an optimal wound			
assessment tool			
Details and characteristic of the wound			
Patient details			
Wound measurements			
Tissue type			
Exudate			
Surrounding skin			
Pain			
Signs of infection			
Documentation			
Communication and continuity of care			
Ease of use			
Setting goals and planning care			
Monitoring of the healing process			
Guiding practice			

Time out activity one: Review the tables one and two of characteristics to include in wound assessment tools and determine why these considered appropriate details to include in an assessment tool? Does your local wound assessment tool meet these criteria, if not consider how it could do this or be improved.

Phases of healing

Once the patient centred components of the assessment have been completed, then assessment of the wound can be conducted. Assessment of the wound includes identifying the tissue type within a wound as being necrotic, sloughy or granulating. Identification of the tissue type within a wound is

key to identifying the phase of wound healing. All wound assessment charts include some mention of the tissue found in the wound bed; TIME looks to quantify this, while AWM looks for the furthest tissue type from healing (Dowsett, 2008; Gray, 2005).

The four main stages of wound healing are well documented, from achieving haemostasis though inflammation, proliferation to maturation with most wounds progressing through these stages in an orderly manner (McFarland & Smith 2014). However, not all wounds progress as expected and this is where the challenges lie (Smith and Sharp, 2019). Awareness of the four stages and key signs to look for can help with the assessment process and lead to good decisions in managing the wound (see Table Four for a summary of the phases of wound healing).

Haemostasis

This phase is clearly identifiable with active bleeding, which usually reduces quickly, however, some conditions can impact on clotting (Smith & Sharp, 2019). Vasoconstriction occurs and platelets released from the damaged blood vessels trigger the clotting cascade, with a fibrin clot developing (Vuolo, 2009). A bleeding wound suggests a recent injury or alternatively may suggest issues with clotting, however, when bleeding is seen in new granulation tissue this may indicate infection in a chronic wound (Cutting 1998).

Inflammatory phase

This is considered to be the phase which is often troublesome in chronic wounds (Bosanquet and Harding, 2014; Gupta et al, 2017; Han and Ceilley, 2017). The reaction to invading bacteria and foreign bodies stimulates an inflammatory response which, while helpful when there is necrotic or sloughy tissue to be removed, if prolonged, can be detrimental to healing (Powers et al, 2016). This response leads to an increase in the amount of exudate, a clear sign of the wound being in the inflammatory phase. Observing the level and type of exudate over time can indicate progression to healing.

The presence of a haematoma or devitalised (dead) tissue can provide a reservoir for bacteria and in addition obscures the actual dimensions of the wound bed (Docherty, 2020). Sloughy tissue adheres to the wound bed and is usually seen as creamy-yellow or brown/black and soft. It is formed by rehydrated necrotic and fibrous tissue along with bacteria and dead white cells, a strong indicator the wound is in the inflammatory phase (Cook, 2012). The presence of this non-viable tissue can prolong the inflammatory phase and the aim would be to remove it in a timely manner via a recognised method of debridement (McFarland & Smith, 2014).

The colour and quantity of this devitalised tissue should be noted, with the amount of slough or necrotic tissue reducing as the wound progresses to healing.

Proliferative phase

Within this phase new blood vessels are developed, angiogenesis, where existing blood vessels sprout buds of new capillaries which meet and form capillary loops and supports fibroblasts developing new connective tissue (Vuolo, 2009). Fibroblasts proliferate within hours of injury and will begin producing new tissue as inflammation reduces within in the wound bed, usually from around 3 days onwards (Peate & Glencross, 2015). The red bumpy appearance of fresh granulation tissue is a clear sign that proliferation is taking place.

New skin cells can migrate across a granulating base, epithelialisation, they can appear as small islands of pale pink where there are the epidermal cells lining the structure within the skin (e.g. hair

follicles), or a wave of pale pink moving from the wound margins to close the wound (Peate & Glencross, 2015).

Observing the increase in granulation tissue is an indicator of healing, noting the amount of granulation tissue in the wound, the level of exudate and also the colour of the new tissue, should form part of the evaluation of how the wound is healing.

Maturation phase

When the wound has skin covering the surface, the wound can remain red and raised until the maturation process is completed. This can take from weeks to months depending on the size and position of the wound. The area has a reduced tensile strength until the type 111 collagen is replaced with type 1, at which point the redness will recede as the blood supply withdraws from the scar tissue (McFarland & Smith 2014). Protection is therefore vital at this stage as the tissue is at risk of breakdown or traumatic damage until the tensile strength has improved.

	Haemostasis	Inflammation	Proliferation	Maturation
Time frame post injury	Immediate on injury	10-15 minutes	Hours to days	Days to months
Activity	Vasoconstriction Clotting cascade	Vasodilation Diapedesis	New capillary growth Fibroblast accumulation and migration	Collagen remodelling
Visible signs	Active bleeding Clot formation	Exudate Presence of necrotic tissue, slough	Bumpy red granular tissue	Redness starts to fade
Colour	Red	Black/brown/yellow/white	Red	Pale pink

Table Four: Summary of Phases of Wound Healing (adapted from McFarland and Smith 2014)

Time out activity two: When have you found it challenging to identify a phase of wound healing? Why was this difficult and how did it affect the care you provided?

The multi-disciplinary team

Increasingly patients are cared for across a variety of settings, both in the community and in residential care facilities. This means care can often be shared between different teams in the acute and community, and across the different settings. Complex wounds are managed across different levels of health services and a substantial amount of monetary resources are attributed to their care (Gray et al, 2018; Unwin et al, 2022). With this multidisciplinary approach to wound care, a structured assessment process can aid communication, as nurses may look for different signs compared to a podiatrist for example.

Early work on interdisciplinary wound clinics by Gottrup and colleagues (2004) showed improved healing rates with chronic wounds in Sweden, suggesting the communication and collaboration has beneficial outcomes for patients. Some clinical areas have multidisciplinary clinics for specific wound types with good effect, such as Joret et al (2019), who demonstrated setting up a multi-disciplinary diabetic foot clinic reduced costs, hospital admissions, amputations, and improved compliance in their patient population. However, other authors identified the challenges in developing these multidisciplinary clinics, particularly when removing traditional role boundaries (Donnelly & Shaw, 2000).

Sharing the assessment is valuable, particularly when there are several healthcare professionals caring for a patient with a wound. Many clinical areas are moving to electronic records which ideally will include the minimum data set for wound assessment criteria. These should be readily accessible to all relevant clinicians, given the range of care settings and carers providing care, but this can be a challenge. In addition, as progression of a wounds healing is important, the ability to show previous assessments and thus the healing trajectory is an advantage when reviewing a treatment plan. Effective evaluation of wound care can only be achieved when previous assessments are available to identify progress, or otherwise, and which practices were effective (Doughty, 2004).

It should be noted that many unpaid carers are managing wounds in the community. Miller and Kapp (2015) identified a lack of information on the care provided by informal carers, yet acknowledged they provide an economic contribution to the management of wounds. Indeed, Reinhart et al (2015) suggested 35% of informal carers provided wound care as part of their caring role and they find this one of the most challenging aspects of providing care. Klein et al (2021) within their systematic review, found that the care provided by spouses and family members can lead to a high burden for relatives. Healthcare professionals need to provide support and education to this group, a valuable resource who, when willing, can support healthcare professionals and enable a more patient centred approach to wound care. Informal carers are partners in the multidisciplinary team delivering care and should be included as such (Aldridge & Harrison-Dening, 2022).

The role of the nurse is to assess the level of involvement desired by the patient and their carers (Wounds International, 2016); this level of involvement can vary from passive acceptance of care to active engagement. They consider three elements to patient involvement, including health literacy to enable informed decision making, patient rights to accessing treatment and being offered information to enable them to make decisions and patient autonomy, where the patient is empowered to make decisions about their treatment and management. In addition, the best practice statement (Wounds International, 2016) includes suggestions on how to involve the patient as an active participant in wound care.

Kapp et al (2017) found that patients gained independence by self-treating, their study showed most patients had seen healthcare professionals for advice, though few had received any education or training to manage their wounds. Information for patients and carers is available in several formats, including leaflets and web-based materials (Healthcare Improvement Scotland; 2020, Wounds International, 2016).

Time out activity three: Consider a wound you have cared for and think who would have been helpful to have on your multidisciplinary wound care team? How can you involve others more effectively in your practice?

Patient involvement

Health and care delivery should include patient involvement as a key component of care. Patient involvement is comprised of three intersecting aspects of patient empowerment: patient autonomy, patient rights and health literacy (Wounds International, 2016). Patients need to be able to make decisions about their treatment and management based upon the ability to access relevant health information to make informed choices and the ability to access appropriate services and treatments.

It is recognised that living with a chronic wound can result in decreasing independence, social withdrawal, financial impact, life disruption and loss of a sense of control (Pragnell and Neilson, 2010; Kapp et al, 2017; Murray et al, 2018; Klein et al, 2021). Ultimately, patient involvement in wound care aims to address these issues through encouraging patients to be active in decisions about their care and care management, promoting independence where possible and improving their sense of control (Wounds International 2016). For clinicians, patient involvement is centred upon developing a partnership with transparency of information as, according to the narratives in Paden and colleagues' study, a good and trusting relationship was a requirement of treatment success (Paden et al, 2022).

There is limited information on supporting self-care in wound management, however, there are benefits to supporting patients to self-manage their wounds (Blackburn et al, 2021). Nurses have a role in developing the patients' health literacy to enable them to make decisions about their care, as a knowledgeable patient can be a valuable partner in promoting wound healing. Acknowledging the experiential knowledge of the patient is important as this can aid shared decision making to prioritise treatment that best suits the patient's needs and expectations (Wounds International, 2016; Dougherty, 2020).

Patients may benefit from education and support from healthcare professionals when caring for their wounds, indeed many patients in the Kapp and Santamaria study reported involving their informal carers in wound care, so this education is needed across both groups (Kapp & Santamaria, 2017). Patient and carer education may include using written information, videos, or verbal support during a consultation to aid compliance with the treatment plan. Paden et al (2022) found that patients actively sought information via the internet about their wound but often did not understand the information, therefore the role of the healthcare professional to clarify information and provide robust sources of information is pivotal. Some areas offer telephone support lines, and some areas now offer virtual clinics.

The Covid 19 pandemic has shown that wound care can be delivered differently, often remotely, but this does require good assessment and support for patients and their carers (Scalise et al, 2022). In their literature review, Bondini and colleagues (2020) found it challenging to implement telehealth systems, they found success when the telehealth consultation involved both the referring clinician and the multidisciplinary wound care team at the initial visit to support effective decision making. The pandemic meant this first step was omitted and patients were relied on to perform their own assessment under guidance, resulting in a less comprehensive assessment. The team subsequently developed a triage tool directing patients with a wound to the most appropriate setting for care (Bondini et al, 2010). Developing telehealth maybe particularly beneficial to those working in remote and rural areas, however, more evaluation of these services currently operating would be helpful before designing new telehealth wound care services.

Time out activity four: Encouraging patients to be involved in their own care encompasses three aspects: patient autonomy, health literacy and patient rights. Consider a patient you have recently cared for and reflection how you encouraged them to be involved in the care of their wound taking account of these three factors.

Time out activity five: Following completion of Time out activity four, revisit your local wound assessment tool and consider if there is sufficient emphasis on patient involvement. How could this be improved?

Conclusion

Caring for patients who have chronic wounds is complex as care can occur across a variety of settings, require multidisciplinary team contribution and the impact on the patient, their family and carers can be significant. Comprehensive, holistic assessment of the patient and their wound are the cornerstone upon which subsequent care delivery is based, and a workforce with the required knowledge, skills, and behaviours to achieve this is pivotal in the delivery of this complex care. The contribution of patient involvement and the involvement of informal carers in wound assessment, planning, intervention, and evaluation is significant. Healthcare professionals, in particular nurses, can play a central role in coordinating and supporting patients and their informal carers to contribute to self-care and management of the wound through shared decision making, successful goal setting to achieve the co-produced desired outcomes.

'The most important practical lesson that can be given to nurses is to teach them how to observe (assess) - how to observe (assess) what symptoms indicate improvement - what the reverse - which are of importance - which are evidence of neglect, and what kind of neglect.'

Florence Nightingale (1859) Notes on Nursing

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Total word count (abstract, text, time outs and references) = 5,234

An inclusive approach to assessing and managing chronic wounds (previous title: Promoting patient involvement in chronic wound care)

Fiona Smith & Ailsa Sharp

Responses to Peer Reviewer Feedback

Feedback Point	Author Response	Outcome/Changes Made
1. Comments from Editors and Reviewers:		
Reviewer One:	Thank you for highlighting this, we acknowledge	Title changed to: An inclusive approach to assessing
I would advise you to change the title to reflect	the point made and have revised the title	and managing chronic wounds
that the article is on the consistent assessment	accordingly. As the later part of the article	
of wounds	focuses on an inclusive approach to chronic wound care this has been reflected in the new	
	title.	
Reviewer Two:	Thank you for your comments	No changes required
Excellent research, well adapted to an article		
and easily applied to the reader's own practice		
2. Aims and Intended Learning Outcomes:		
Reviewer One:	a. Thank you, the merits of involvement have	a) Sentence added: Patients and carers may
a. The abstract infers that you are interested	now been included in the abstract	benefit from education on wound healing and
in helping colleagues to promote consumer	b. Thank you for highlighting, this was an	inclusion in decision making as part of the multi-
involvement in wound care. If so, then I	oversite during the submission process. We	disciplinary team as self-care is promoted as an
think a brief discussion needs to include the	have now included the aim and intended	enabler of independence, promoting a sense of
merits of such involvement	learning outcomes as agreed by the editor	control, and improving well-being.
 b. The article does not include an aim and intended learning outcomes 	prior to commencing the article	b) Aim and intended learning outcomes added
Reviewer Two:	No action required	N/A
Yes		

3. The Text: Reviewer One: The bulk of the paper is a summary of best features of wound assessment tools and stages of wound healing. Change the title to reflect that.	The title has been revised	As per comments in point 1
Reviewer Two: Area of content well researched, recent studies used to include studies published this year. Clear understanding of relevant methodologies and relative strengths and weaknesses. Demonstrates a clear understanding of the current challenges nursing is facing as a profession and contextualizes the research within this.	Thank you for your comments	N/A
 4. Time Outs: Reviewer One: Your time outs are well positioned and not overly ambitious. 	Thank you for your comments	N/A
Reviewer Two: Encourages learning and application to real world practice.	Thank you for your comments	N/A
5. References Reviewer One: Yes	Thank you for your comments	N/A
Reviewer Two: Yes	Thank you for your comments	N/A
6. Illustrative materials: Reviewer One:	Thank you for your comments	N/A

The tables on features of a sound wound		
assessment tool, and stages of healing are good		
and clear.		
Reviewer Two:		
	Thenk you for your comments due to yourd	No shanges to tout (tables made
Tables used to show grouping and subheadings	Thank you for your comments, due to word	No changes to text/tables made
of key concepts. Phases of healing may benefit	limit it is not possible to include extra wordage	
from real-world examples.	here.	
7. Scenarios		
Reviewer One:	Thank you for your comments	N/A
You don't use a scenario here and I don't think		
that you need one- it would be very word		
hungry!		
Reviewer Two:		
Real world wound examples may be a useful	Thank you for your comments, as per review	No changes to text/tables made
way to apply new knowledge to practice.	one's comments, due to word count it is not	
	possible to include scenarios	
8. Conclusion		
Reviewer One:	Thank you for your comments, title has been	Please see point 1 and 2 above
The conclusion focuses on wound assessment	amended (see point 1) and aims and intended	
and wound healing - once you change the title	LOs included (see point 2)	
and your aims and learning outcomes this		
conclusion should be fine.		
Reviewer Two:		
Yes.	Thank you for your comments	N/A
In text annotation comments		
Page one, paragraph one in 'Clinical Context of		
Chronic Wound' care section		Sentence amended to: Within healthcare in the
Numbers – I don't think you mean the standard	Agreed – we do not mean the standard of	United Kingdom (UK), we are faced with an
of service, the later part of your sentence	service; we were referring to staffing levels and	increasing incidence of people with chronic wounds
clarifies things but it reads oddly at first.	the data to support the decline in numbers of	who require care (Guest et al, 2017) resulting in an
	staff. We have reworded the sentence to	estimated 3.8 million people living with a wound in
	clarify.	the UK (Guest et al, 2020). This situation is
conclusion should be fine. Reviewer Two: Yes. In text annotation comments Page one, paragraph one in 'Clinical Context of Chronic Wound' care section Numbers – I don't think you mean the standard of service, the later part of your sentence	Agreed – we do not mean the standard of service; we were referring to staffing levels and the data to support the decline in numbers of staff. We have reworded the sentence to	Sentence amended to: Within healthcare in the United Kingdom (UK), we are faced with an increasing incidence of people with chronic wounds who require care (Guest et al, 2017) resulting in an estimated 3.8 million people living with a wound in

Page two, paragraph four in 'Holistic	Thank you for your comment. We have	juxtaposed with a notable decline in community nurses (Guest et al, 2020) and year-on-year increases in overall nurse vacancy rates within the NHS (NHS Digital, 2022). See table one in revised version.
assessment' section Briefly indicate what the capabilities are	included a table denoting the core capabilities from the framework (Table one in revised version)	
Page four, paragraph one in 'Phases of wound healing' section If there are weblinks (free access) to these tools it would be good to indicate the relevant addresses	Thank you for the suggestion, we have included weblinks to these two articles where readers can access the tools.	Amended reference list to include weblinks: Dowsett, C. (2008). Using the TIME framework in wound bed preparation. British Journal of Community Nursing, 13(6), S15–S20. Available: https://doi.org/10.12968/bjcn.2008.13.Sup3.29468 Gray, D. (2005) Understanding applied wound management. Wounds UK 1 (10) 62-68. Available: <u>https://www.wounds-</u> <u>uk.com/journals/issue/2/article-</u> <u>details/understanding-applied-wound-management</u>
Page five, Table three (original text) summary of phases of Wound healing Indicate the source of the table	Thank you for highlighting this omission, source has been acknowledged in revised txt.	Text amended to: Table Four: Summary of Phases of Wound Healing (adapted from McFarland and Smith 2014)
 Page six, paragraph four in 'The multi- disciplinary team' section a. Given the relatively common contribution of relatives to wound care, I think that you need to comment on the essentials that 	 a. Thank you for highlighting this, we have amended the text to reflect your recommendation. 	a) Text added: The role of the nurse is to assess the level of involvement desired by the patient and their carers

	they need to know to contribute			(Wounds International, 2016); this level of
	effectively.	b.	The literature that we have read and cited	involvement can vary from passive acceptance of
b.	If next you mean relatives and patient		within this text does not use the term	care to active engagement. They consider three
	involvement, then I would term this		'consumer' (although we do acknowledge	elements to patient involvement, including health
	consumer involvement		that this is more common term within	literacy to enable informed decision making, patient
			publications from America) therefore, we	rights to accessing treatment and being offered
			have continued to use the terms patients,	information to enable them to make decisions and
			relatives and informal carers in the text.	patient autonomy, where the patient is empowered
				to make decisions about their treatment and
				management. In addition, the best practice
				statement (Wounds International, 2016) includes
				suggestions on how to involve the patient as an
				active participant in wound care.
				Kapp et al (2017) found that patients gained
				independence by self-treating, their study showed
				most patients had seen healthcare professionals for
				advice, though few had received any education or
				training to manage their wounds. Information for
				patients and carers is available in several formats,
				including leaflets and web-based materials
				(Healthcare Improvement Scotland; 2020, Wounds
				International, 2016).
				a. No changes made