Figure 1

Assessed for Eligibility (n=105)

Excluded (n=75)
- Not meeting inclusion criteria (n=62)
- Refused to participate (n=3)
- Did not show for in-person screen (n=10)

Randomized (n=30)

Exercise Intervention (n=15) Attended
- 0 sessions (n=0)
- 1-12 sessions (n=2)
- 13-24 of sessions (n=3)
- 25-35 of sessions (n=7)
- All 36 sessions (n=3)

Health Education Control (n=15) Attended
- 0 sessions (n=0)
- 1-12 sessions (n=4)
- 13-24 of sessions (n=2)
- 25-35 of sessions (n=8)
- All 36 sessions (n=1)

Allocation

Follow-Up

Completed End of Treatment Assessment (n=13)
Completed 6 Month Follow-up (n=13)

Smoking status outcome-ITT analysis (n=15)
Analyzed for depression and other outcomes (n=13)

Analysis