Figure 3. Findings and coding/categorisation process

Core category

- Reconciling change: a new normal

Category

- Normalising change
- ‘Being under siege’: getting through treatment
- Reclaiming self

Selective codes

- Function in relation to physical fitness/work
- Appearance in relation to weight
- Feeling fine/being normal
- Interpreting change
- Delay in presentation
- Cancer diagnosis
- Information provision
- Cancer peers
- Maintaining control
- Maintaining normality
- Comparing against previous norm
- Coping strategies
- Not being understood