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- 1 Glucose and lactate as metabolic constraints on presynaptic
- 2 transmission at an excitatory synapse
- 3
- 4 Running title: Energy constraints on presynaptic function
- 5
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#### 26 Abstract

The synapse has high energy demands, which increase during intense activity. 27 Presynaptic ATP production depends on substrate availability and usage will 28 increase during activity, which in turn could influence transmitter release and 29 information transmission. We investigated transmitter release at the mouse calyx of 30 Held synapse using glucose or lactate (10, 1 or 0 mM) as the extracellular substrates 31 while inducing metabolic stress. High frequency stimulation (HFS) and recovery 32 paradigms evoked trains of EPSCs monitored under voltage-clamp. Whilst 33 postsynaptic intracellular ATP was stabilised by diffusion from the patch pipette, 34 depletion of glucose increased EPSC depression during HFS and impaired 35 subsequent recovery. Computational modelling of these data demonstrated a 36 reduction in the number of functional release sites and slowed vesicle pool 37 38 replenishment during metabolic stress, with little change in release probability. Directly depleting presynaptic terminal ATP impaired transmitter release in an 39 analogous manner to glucose depletion. In the absence of glucose, presynaptic 40 terminal metabolism could utilise lactate from the aCSF and this was blocked by 41 inhibition of monocarboxylate transporters (MCT). MCT inhibitors significantly 42 suppressed transmission in low glucose, implying that lactate is a presynaptic 43 substrate. Additionally, block of glycogenolysis accelerated synaptic transmission 44 failure in the absence of extracellular glucose, consistent with supplemental supply 45 of lactate by local astrocytes. We conclude that both glucose and lactate support 46 presynaptic metabolism and that limited availability, exacerbated by high intensity 47 firing, constrains presynaptic ATP, impeding transmission through a reduction in 48 functional presynaptic release sites as vesicle recycling slows when ATP levels are 49 low. 50

51

# 52 Key Points

- Synapses have high energy demands which increase during intense activity.
   We show that presynaptic terminals can utilize extracellular glucose or lactate
   to generate energy to maintain synaptic transmission.
- Reducing energy substrates induces a metabolic stress: presynaptic ATP depletion impaired synaptic transmission through a reduction in the number of functional synaptic vesicle release sites and a slowing of vesicle pool replenishment, without a consistent change in release probability.
- Metabolic function is compromised in many pathological conditions (e.g. stroke, traumatic brain injury and neurodegeneration). Knowledge of how synaptic transmission is constrained by metabolic stress, especially during intense brain activity will provide insights to improve cognition following pathological insults.

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# 66

# 67 Introduction

Energy provision for synaptic transmission is crucial for cognition and the 68 relationship between brain activity and local nutrient supply is exploited in fMRI 69 imaging. Transmission of information across synapses requires high levels of energy 70 to maintain ionic gradients, Ca<sup>2+</sup> extrusion and vesicular recycling (Attwell and 71 Laughlin, 2001; Harris et al., 2012), hence during periods of high activity an 72 imbalance between energy generation and consumption may influence neuronal 73 74 function and compromise information transmission. The study of neuronal metabolism is often based on primary cultures and pharmacological block of 75

glycolysis or mitochondrial respiration; but to understand energy constraints oninformation transmission a more physiological situation would be advantageous.

Metabolic demand is not uniform and varies between brain regions, with the auditory 78 pathway having some of the highest metabolic rates in the nervous system (Sokoloff 79 et al., 1977). The calyx of Held/MNTB synapse in the auditory brainstem can sustain 80 high frequency transmission at rates of over 300 Hz (Kopp-Scheinpflug et al., 2011). 81 The density, proximity, and morphology of mitochondria close to the presynaptic 82 active zone is consistent with high metabolic rates at the calyx of Held (Satzler et al., 83 2002; Perkins et al., 2010). The large size of the calyx presynaptic terminal and its 84 85 target onto single neurons in the medial nucleus of the trapezoid body (MNTB) allows access to both the pre- and postsynaptic compartments and makes it an ideal 86 preparation for direct investigation of metabolic influence (see von Gersdorff & Borst, 87 88 2002; Schneggenburger & Forsythe 2006).

89 Glucose deprivation is well known to compromise synaptic transmission (Akasu et 90 al., 1996; Calabresi et al., 1997; Izumi et al., 1997). The mechanisms through which energy depletion impairs presynaptic function are the subject of intense interest in 91 terms of both basic science and the association with diabetes, aging and dementia 92 (Duarte, 2015; Feinkohl et al., 2014). The brain as a whole, preferentially 93 metabolises glucose to meet its energy demands, but the extent to which neurons 94 use glucose directly and/or require lactate via the astrocyte-neuron lactate shuttle 95 (ANLS) (Pellerin and Magistretti, 1994) is a matter of debate. Some recent studies 96 97 have indicated that the lactate shuttle is required to maintain neuronal function (Nagase et al., 2014; Suzuki et al., 2011), while others have proposed that glucose is 98 the primary neuronal energy source (Dienel, 2012; Simpson et al., 2007). 99

100 We have used the calyx of Held/MNTB synapse in an *in vitro* brain slice preparation to measure the contribution of energy substrates, glucose and lactate, in maintaining 101 synaptic transmission. This configuration allows recording from both the presynaptic 102 calyx and postsynaptic neuron, and also preserves the close association of a 103 supporting glial cell with the synapse (Uwechue et al., 2012). The results show that 104 at physiological concentrations, glucose was used directly by the terminal, but that 105 lactate also contributed to the maintenance of normal synaptic transmission. Glucose 106 depletion increased synaptic depression during high frequency stimulation (HFS) 107 108 and impaired the subsequent recovery of EPSC amplitude. This effect of glucose depletion was mimicked by dialysing the presynaptic terminal with low ATP (0.1 109 mM). Model-based analysis of the experimental data indicated that impairment in 110 ATP availability causes a significantly greater decline in the size of the readily 111 releasable vesicle pool (RRVP), with the RRVP failing to recover even after minutes 112 of rest between HFS epochs. This suggests that the metabolic demand of vesicle 113 recycling places constraints on synaptic function under metabolic stress. 114

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#### 116 Materials and Methods

## 117 Electrophysiology & live fluorescent imaging

Experiments were performed in accordance with the Animals (Scientific Procedures) Act 1986, UK. Transverse brainstem slices (thickness: 250 µm for postsynaptic recording with synaptic stimulation and 120 µm for paired pre- and post-synaptic recordings) were prepared from male and female P13-18 CBA/Ca mice killed by decapitation. Slices containing the MNTB were prepared in an ice-cold high sucrose saline composed of (in mM); sucrose (250), KCI (2.5), NaHCO<sub>3</sub> (26), NaH<sub>2</sub>PO<sub>4</sub>

124 (1.25), D-glucose (10), ascorbic acid (0.5), MgCl<sub>2</sub> (4) and CaCl<sub>2</sub> (0.1) saturated with 125 95% O<sub>2</sub> and 5% CO<sub>2</sub>. Slices recovered in oxygenated artificial cerebrospinal fluid 126 (aCSF) for at least 1 h at 34 °C. The aCSF was composed of (in mM); NaCl (125), 127 NaHCO<sub>3</sub> (26), KCl (2.5), NaH<sub>2</sub>PO<sub>4</sub> (1.25), myo-inositol (3), D-glucose (10), MgCl<sub>2</sub> (1), 128 and CaCl<sub>2</sub> (2).

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130 Whole-cell patch recordings were made from single slices held in a recording chamber at 33  $\pm$  2 °C and perfused at 1 ml/min with oxygenated aCSF. We 131 132 performed either postsynaptic recordings, or paired recordings where we simultaneously patched both the presynaptic terminal and postsynaptic neuron. 133 Glass recording pipettes had a resistance of 3-6 MΩ. Postsynaptic pipettes were 134 filled with a whole-cell patch solution composed of (in mM) K-gluconate (97.5), KCl 135 (32.5), HEPES (5), EGTA (5), NaCl (5), MgCl<sub>2</sub> (1) and K<sub>2</sub>-ATP (2); presynaptic 136 pipettes contained (in mM) K-gluconate (97.5), KCI (32.5), HEPES (10), EGTA (0.2), 137 MgCl<sub>2</sub> (1), Na-glutamate (10), Na-GTP (0.3). Stated voltages were not corrected for 138 a liquid junction potential of -9 mV. 139

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141 Chemicals and drugs were purchased from Sigma-Aldrich unless specified. Other 142 drugs were purchased as listed here: monocarboxylate transporter inhibitor AR-143 C155858 (Tocris, 4960) FM1-43FX (Molecular Probes, cat. no. F35355) alpha-144 Latrotoxin (Alomone, LSP-130) Bromophenol Blue (Acros, cat. no. 151340250). 145 Drugs were applied by perfusion in the aCSF.

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147 MNTB neurons with calyceal inputs were visually identified using a Nikon Eclipse 148 E600FN and a 60x DIC objective. Recordings were made using a Multiclamp 700B

amplifier and Clampex/Clampfit software (Molecular Devices) for data acquisition 149 and analysis. Responses were digitised at 20 kHz and filtered at 10 kHz, and the 150 whole-cell capacitance compensated. The mean series resistance was 16 MOhms 151 (range 6-25 MOhms) and series resistance was compensated by 70 %. 152 Experiments were interleaved between control and test conditions through the 153 experiments and the Rs were similar for each data set. Rs was checked prior to 154 155 each 30s train and after the last recovery stimulation of each epoch throughout the 20-35 minutes of recording. Recordings discarded if the series resistance changed 156 157 by more than 20 %, or went above 25 MOhms. EPSCs were recorded from MNTB neurons voltage-clamped at a holding potential of -40 mV. A bipolar stimulating 158 electrode was positioned at the midline to evoke action potentials in the axons 159 projecting to the MNTB; high frequency stimulation (HFS; 100 Hz for 30s) was given, 160 followed by 6 pulses over the subsequent 30s to probe the recovery (Figure 1B). 161 This protocol was given 10 min after a change in the aCSF composition and then 162 repeated at 5 min intervals (i.e. at 15, 20, 25 and 30 mins) in all unpaired 163 experiments (see example in Figure 1 E & F). The stimulation voltage was twice the 164 voltage threshold required to evoke an EPSC. Presynaptic terminals were voltage-165 clamped at -80 mV and HFS (100 Hz for 2 s) and subsequent recovery pulses 166 evoked using voltage ramps to mimic action potentials (Figure 5A). The HFS 167 protocol was given 1-2 min after breaking into the presynaptic terminal and then 168 repeated 5 min later. The peak EPSC was mediated by AMPAR, with little 169 contribution from NMDAR at this age and potential (Steinert et al., 2010). AMPAR 170 desensitization also had little or no impact on synaptic response amplitude at near 171 physiological temperatures and with 10 ms between stimuli (Wong et al., 2003). 172

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Live imaging of slices was performed with slices perfused with aCSF containing 10 174 mM glucose or zero glucose and with a stimulating electrode placed at the midline to 175 give 4x HFS at 5 min intervals. FM1-43FX dye (10 µM) was applied 1 minute before 176 the third (20 min) HFS and was present until 1 minute after the end of the stimulation 177 to allow endocytosis of released vesicles and subsequent internalization of FM1-178 43FX. Bromophenol Blue (BPB, 0.5 mM, Harata et al., 2006) was then perfused in 179 the extracellular solution to guench residual FM-143FX fluorescence. Live imaging 180 was performed at 2 Hz, immediately before and during the fourth (25 min) HFS using 181 182 a Nikon water immersion objective (40x, NA 0.8), a Nikon HGFI mercury lamp, a 470/40nm excitation filter, a 630/60nm emission filter and an Optimos sCMOS 183 camera (Q-Imaging) controlled via Micro-Manager software (RRID:SCR\_000415; 184 Edelstein et al., 2014). Following the fourth HFS, α-Latrotoxin (Lat, 10 nM) was 185 applied for 2 minutes to deplete the releasable pool before acquisition of a final 186 image. Fluorescence values in Lat were used to normalise the total vesicular 187 fluorescence, and fluorescence was guantified using Fiji (RRID:SCR 002285; 188 Schindelin et al., 2012) terminals were analysed only if the rate of fluorescence loss 189 was 5 times faster than photobleach measured at background regions. 190

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#### 192 Analysis

Prism software (RRID:SCR\_002798) was used to fit the recovery curves to mean data, to perform t-tests, two-way ANOVA or two-way repeated measures (RM) ANOVAs (followed by Dunnett's or Bonferroni post hoc tests, as appropriate). For 30 s trains every 100th EPSC was analysed, and for the 2 s trains every 10th EPSC was analysed by two-way RM-ANOVA, due to the large number of EPSCs. Data are mean  $\pm$  SEM with statistical confidence <0.05 ( $\alpha$ , presented as p, specific values). A

power calculation (1- $\beta$ , %) for statistical significant data indicates the probability that type II errors have been excluded (http://clincalc.com/stats/power.aspx). Sample size, n, is the number of electrophysiology recordings; all were from different animals except for the paired recordings, where the number of animals used is given in brackets. For imaging experiments n is the number of calyces.

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## 206 Western blot

Protein immunoblots were conducted using standard methods. Briefly, tissue 207 samples were homogenised using a pestle homogeniser in RIPA buffer (150 mM 208 sodium chloride, 1 % Triton X-100, 0.5 % sodium deoxycholate, 0.1 % SDS and 50 209 mM Tris, pH 8.0) supplemented with Mini cOmplete and PhosStop protease and 210 phosphatase inhibitors. The resulting solution was sonicated and the protein 211 concentration measured using a Bradford assay. 50 mg of total protein lysate was 212 subjected to SDS-PAGE electrophoresis. Subsequently, proteins were transferred to 213 214 nitrocellulose membrane and protein bands visualised in a FujiFilm LAS-3000 imager using primary antibodies, HRP-conjugated secondary antibodies and ECL reagents 215 (Pierce, UK). 216

217

## 218 Modelling

A mathematical model of the EPSC amplitude in response to presynaptic action
potentials (APs) at the calyx of Held was developed from a previously published
model based on extensive experimental data (Meyer et al., 2001; von Gersdorff &
Borst, 2002; Hennig et al., 2008). New model components are added to account for
the effects of ATP depletion. All model components are described as follows.

The fraction of transmitter, *T*, released from the presynaptic terminal in response to a single AP arriving at time *t*, depends on the readily releasable vesicle pool (RRVP) occupancy, *n*, and the vesicle release probability, *p*:

$$T(t) = n(t).\,p(t)$$

Both the release probability and vesicle pool size are dynamic variables, allowing modelling of vesicle pool depletion, and facilitation and slow depression of release probability (Hennig et al., 2008). EPSC amplitude is assumed to be proportional to *T*. The RRVP size is modelled as a continuous normalised variable, n(t), with n(t) = $n_{max}$  corresponding to all available release sites containing a docked vesicle. Synaptic stimulation results in vesicle release and hence changes in the RRVP, as given by:

$$\frac{dn(t)}{dt} = \frac{n_{max} - n(t)}{\tau_r(t)} - \sum_j \delta(t - t_j) \cdot p(t) \cdot n(t)$$

APs arrive at times t<sub>i</sub>, resulting in vesicle release and depletion of the RRVP. The 234 235 RRVP is replenished with time constant,  $\tau_r$  from an effectively infinite reserve pool and may reach a maximum size  $n_{max}$ . During HFS  $\tau_r$  is small due to fast, activity-236 dependent recovery (Hennig et al., 2008) and its initial value,  $\tau_{r0}$  is obtained from 237 fitting to the initial phase (0.5 s) of depression during stimulation. To model extra 238 depression of the EPSC amplitude during HFS in zero glucose,  $\tau_r$  is allowed to 239 increase in value during the HFS (see below). During recovery, the replenishment 240 rate at the end of the HFS,  $\tau_{rH}$  increases rapidly, with time constant  $\tau_d$ , to a slower 241 background rate (larger time constant),  $\tau_{rR}$ , according to: 242

$$\tau_r(t) = \tau_{rH} + (\tau_{rR} - \tau_{rH})/(1 - e^{-t/\tau_d})$$

The experimental data shows that glucose depletion results in a greater EPSC depression during HFS followed by recovery to a lower maximum EPSC amplitude, while the rate of recovery is not significantly slower. Two factors are used to capture this behaviour in the model. Firstly, the increased depression during HFS is modelled by increasing  $\tau_r$  during the HFS (thus slowing activity-dependent replenishment of the RRVP and so reducing n) according to a logistic function:

$$\tau_r(t) = \tau_{r0} / [A_n + (1 - A_n) / (1 + e^{(t - t_n)/k_n})]$$

where  $A_n$  is the steady-state fractional increase in  $\tau_r$  reached following HFS (final  $\tau_r$ denoted  $\tau_{rH}$ ),  $t_n$  is the half-time increase, and  $k_n$  determines the rate of the increase (larger  $k_n$  means slower increase). To model the recovery to a reduced EPSC amplitude, the maximum RRVP size,  $n_{max}$ =1 during HFS, is set to a lower value,  $n_{max}$ = $n_{rec}$ , during the recovery phase, implying a reduction in the number of functional release sites.

Facilitation of release probability, p(t), is modelled by increasing the release probability by the amount  $k_f$ . (1 - p(t)) after each presynaptic AP. Release probability then decays with time constant  $\tau_f$  to base release probability c(t):

$$\frac{dp(t)}{dt} = \frac{c(t) - p(t)}{\tau_f} + \sum_j \delta(t - t_j) \cdot k_f \cdot (1 - p(t))$$

The variable c(t) (initialised to  $P_0$ ) accounts for a slow depression of p, underpinning the slow rundown in EPSC amplitude during long stimulations (Hennig et al., 2008). Each presynaptic AP reduces c(t) by  $k_i . c(t)$  which then recovers to its resting value  $P_0$  with a time constant  $\tau_i$ :

$$\frac{dc(t)}{dt} = \frac{P_0 - c(t)}{\tau_i} - \sum_j \delta(t - t_j) \cdot k_i \cdot c(t)$$

Automated non-linear curve fitting was used to fit simulated normalised EPSC amplitudes to experimentally obtained EPSCs during HFS followed by a recovery period. Peak EPSC amplitudes were extracted from each experimental recording to give the data against which the model was optimised.

Since the electrophysiological recordings only contain one stimulation frequency, one parameter value was fixed to reduce the degrees of freedom in the fitting: in these recording conditions, the facilitation fraction,  $k_f$ , balances somewhat the value of the facilitation time constant,  $\tau_f$ , so its value has been fixed to 0.03 and only  $\tau_f$  is identified.

271 Parameter identification proceeded as follows:

272 1. Parameters  $\tau_{r0}$ ,  $p_0$ , and  $\tau_f$  were identified from the first 0.5 s of HFS (other 273 slower model components were not present).

274 2. With the above parameter values fixed, the remaining parameters were

identified from the remaining period of HFS (29.5 s) plus the recovery period.

On entering recovery, the maximum RRVP size, *n<sub>max</sub>* is set to a new value *n<sub>rec</sub>*which is identified from the final, recovered steady-state EPSC amplitude.

All the simulations and the parameter identification procedure were implemented in Python 2.7. The model error was calculated as the sum-of squares difference between the model and mean experimental EPSC amplitudes at all stimulation time points. Parameter identification to minimise this error was done with the *fmin* function

of the *scipy.optimize* Python package. The model differential equations were numerically integrated with the *odeint* function of the *scipy.integrate* Python package.

285 **Results** 

## 286 Impaired presynaptic function following glucose deprivation

The aim was to manipulate energy supply selectively to the presynaptic terminal. 287 The postsynaptic neuron was rendered independent of aCSF substrate availability 288 by diffusion of ATP from the recording patch pipette (Figure 1A). Under control 289 conditions slices were perfused with standard aCSF containing 10 mM glucose. The 290 HFS paradigm (100 Hz, 30 s, i.e. 3000 evoked responses, Figure 1B) caused a 291 profound depression of EPSC amplitude within 0.2 s in every case (Figure 1C, 292 293 representative example) that continued at a slower rate throughout the continuing 30 s of stimulation (e.g. Figure 3A). The EPSC amplitude fully recovered within 20 s of 294 the end of the HFS (Figure 1D, same recording as 1C). This HFS was repeated in 295 four cells, at 5 min intervals, with no significant change in the magnitude of EPSC 296 depression or recovery over 30 min. Each 5 min cycle of HFS is referred to as an 297 'HFS epoch'. This reproducible cycle of EPSC depression and recovery is plotted in 298 Figure 1E (filled circles for the first and last EPSCs in the HFS and open circles for 299 the recovery phase). 300

Depletion of energy substrate was achieved by switching to an aCSF containing zero glucose, Figure 1F shows the results of the HFS paradigm under this condition (Figure 1F). By the fourth epoch under the energy depleted condition, the EPSC amplitude was highly depressed ( $69.1 \pm 7.9$  % compared to  $20.3 \pm 12.6$  % in 10 mM

glucose control). This observation is further analysed in Figure 2, where the raw and
 mean EPSC amplitudes for control (10 mM) and zero glucose conditions are plotted.

After 20 min of zero glucose the EPSC amplitude had depressed by 89.2 ± 3.3 % 307 (n=6) at the end of HFS, compared to  $59.7 \pm 5.9$  % depression in controls with 10 308 mM glucose (n=4, Figure 2A, 2B for raw and normalised data, respectively; example 309 EPSC traces in Figure 2D). The EPSC depression at the start of the HFS was similar 310 in both conditions. However, during the last 8 s of HFS the magnitude of the 311 depression significantly increased in the zero glucose condition compared with 312 control (two-way RM-ANOVA, interaction p<0.001, Bonferroni post hocs p<0.05 for 313 314 last 8 s of HFS; Figure 2B; at 25 minutes EPSCs had depressed by 54 ± 6.0 % in 10 mM glucose and 79.6 ± 5.5 % with 0 mM glucose; interaction p<0.001, Bonferroni 315 post hocs p<0.05 for last 8 s of HFS, power = 88.4 %). The recovery of EPSC 316 amplitude was best fit by a double exponential under control conditions (10 mM 317 glucose,  $\tau_{\text{fast}}$  226 ± 117 ms (44% amplitude ratio);  $\tau_{\text{slow}}$  2.6 ± 2.5 s) but after 20 min of 318 zero glucose the rapid phase of recovery was lost (Figure 2C), and recovery was 319 best fit by a slow exponential ( $\tau 4.3 \pm 0.6$  s). In control conditions the EPSC 320 amplitude fully recovered (94.8  $\pm$  8.4% of first EPSC, t-test, p=0.58), but in the 321 absence of glucose the EPSC amplitude failed to fully recover by 20 s after the HFS 322 (61.4 ± 14.9 % of first EPSC, t-test, p=0.048), and remained depressed after 4 min of 323 rest without stimulation (i.e. between epochs). 324

The decreased EPSC amplitude could reflect a reduction in either release probability or in the size of the RRVP. Coefficient of variation (standard deviation/mean) and variance / mean were calculated to give an indication of which factors are dominant. EPSC amplitudes were measured to calculate their mean, variance and standard

deviation at early (3-4 s) and late (29-30 s) segments of the HFS train, since at these 329 times the EPSC amplitudes were relatively stable. Mean EPSC amplitude is given 330 by n.p.q, which has variance = npq2(1-p). Thus the variance/mean = q(1-p) and CV 331 = std dev/mean = sqrt((1-p)/np). After 20 min without glucose the early coefficient of 332 variation  $(0.10 \pm 0.01, n=6)$  was not significantly different from that measured in 333 control (0.08  $\pm$  0.01, n=4; two-way repeated measures ANOVA, between groups 334 335 p=0.008, Bonferroni post hoc p>0.99; Figure 2E left panel). However, the late coefficient of variation was significantly increased in the zero glucose condition (0.23 336 337  $\pm$  0.03) compared to control (0.10  $\pm$  0.01, Bonferroni post hoc p=0.01). CV depends on both n and p (but not q), while var/mean depends on q and p. Since the var/mean 338 was the same for all (two-way repeated measures ANOVA, between groups p=0.99; 339 Figure 2E right panel), g and p can be assumed to both be stable across time points 340 and conditions, hence the increase in CV late in the HFS with zero glucose, must be 341 due to a decrease in n. This discounts a decrease in release probability as a major 342 cause of the decrease in EPSC amplitude during HFS, and so the increase in 343 coefficient of variation in zero glucose is likely caused by a decrease in the RRVP 344 size. 345

HFS given after 25 min of continued perfusion of zero glucose resulted in EPSC
failures in 3 out of 4 cells (Figure 2F, timing of failures are indicated by filled
triangles). Throughout these experiments the postsynaptic neurons (that had
maintained ATP from the patch pipette) had stable holding currents (data not
shown).

351 ATP depletion reduced RRVP size and the number of functional release sites.

The above experimental data was used to fit a model of transmission at the calyx of 352 Held from which presynaptic release parameters could be estimated. The model 353 produced very good fits in both 10 mM (n=4) and zero glucose conditions to the 354 normalised, averaged EPSC data (n=5, except for 25 min where n=3; Goodness of 355 fit values all 0.99; Figure 3A-D). The early phase of HFS (0.5 s) was well fit by a 356 combination of a facilitating release probability, p, and a depressing RRVP size, n, 357 that recovered at a fast, activity dependent rate (time constant,  $\tau_{r0}$ , on the order of 50 358 msecs; Table 1; Figure 4A-D insets). The identified values for the initial release 359 probability ( $P_0$ ), facilitation ( $\tau_i$ ) and initial activity-dependent vesicle recovery rate ( $\tau_{r0}$ ) 360 were consistent between control and zero glucose conditions and across all epochs 361 (Table 1). Slow depression of release probability sees p settle at stable values after 362 around 5 secs of HFS (Figure 4C,D), while the RRVP size, *n*, continues to decline 363 due to a slowing of the activity-dependent replenishment rate (Figure 4A,B). The 364 slowing of replenishment was greatly enhanced in the later epochs in zero glucose 365 (Figure 4B). The time course of recovery was dominated by the slow recovery of the 366 367 release probability, with residual activity-dependent replenishment allowing the RRVP size to recover quickly. 368

The model captured the enhanced EPSC depression during HFS as glucose concentration declined during the sequential epochs (Figure 3B-D) as an increase in the activity-dependent replenishment time constant,  $\tau_r$ , resulting in a decrease in the RRVP size (Figure 4B). This reduction in RRVP size (*n*) was largely sufficient to account for the increase in coefficient of variation of EPSC amplitude measured in the experimental data. The increase in coefficient of variation during HFS at 20 min in zero glucose (Figure 2E left panel) was consistent with n decreasing by a factor of

5.3 (assuming release probability or quantal size do not change) and the model 376 predicted a change of 4.5. 377

The impaired EPSC recovery following HFS was captured in the model by a 378 sustained reduction in the maximum RRVP size (functional release sites) where 379 recovery became increasingly incomplete over the 15, 20 or 25 min epochs (Figure 380 4B and Table 1). 381

Vesicular cycling was measured without dialysis of the presynaptic terminal, by 382 imaging vesicles that were labelled using the styryl dye FM1-43FX, in slices perfused 383 with 10 mM glucose and zero glucose aCSF (Figure 5A). Vesicles were labelled by 384 applying FM1-43FX immediately before the 20 min HFS epoch, and the rate of 385 release was subsequently measured by washing out the dye and imaging at 2 Hz 386 during the HFS at 25 minutes. We observed a faster rate of release in 10 mM 387 glucose compare to zero glucose (Figure 5B), consistent with the impaired synaptic 388 transmission observed while monitoring EPSCs in zero glucose (Figure 2). A 389 390 measure of synaptic vesicles labelled with FM1-43FX during the 20 min epoch, was made after α-Latrotoxin induced FM-destaining following the 25 min HFS to ensure 391 exocytosis of all labelled vesicles. The ratio of FM-dye fluorescence after α-392 Latrotoxin over fluorescence after labelling  $(F_{Lat}/F_0)$  is significantly lower for synapses 393 perfused with 10 mM glucose (n=14) compared with the ones perfused with zero 394 glucose (n=12, t-test, p<0.001; Figure 5B), suggesting that a smaller number of 395 vesicles underwent release and endocytosis at the 20 min epoch in zero glucose 396 compared to 10 mM glucose. 397

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Reducing presynaptic ATP levels impairs vesicle replenishment 399

We have assumed that the mechanism underlying impaired presynaptic function
during glucose depletion was caused by reduced presynaptic ATP; to test this
hypothesis, paired pre- and postsynaptic recordings were performed where the
presynaptic ATP concentration was changed by dialysis from the pipette (while
monitoring synaptic transmission). The experimental paradigm is shown in Figure 6A
and example EPSCs in Figure 6B.

ATP hydrolysis was blocked in the terminal by diffusion of 2.2 mM ATPyS (a non-406 hydrolysable analog of ATP) from the presynaptic patch pipette and this was 407 compared to a control condition where the pipette contained 2.2 mM ATP. After 1-2 408 409 min of dialysis the depression of EPSC amplitude during HFS was similar with either ATP or ATP $\gamma$ S in the presynaptic pipette (ATP $\gamma$ S, 51.5 ± 8.2 %, n=5; compared to 410 ATP, 53.0 ± 9.8 %, n=7; two-way RM-ANOVA, between groups p=0.91, interaction 411 412 p=0.16; Figure 6C,D). However, even at this early time-point, the EPSC recovery was slowed by ATPyS (ATP,  $\tau 4.4 \pm 1.0$  s and ATPyS,  $\tau 12.2 \pm 14.4$  s) so that EPSC 413 recovery was significantly impaired in the presence of ATPyS compared to ATP 414 (two-way RM-ANOVA, between group p<0.01). The EPSC amplitude fully recovered 415 by 30 s after the end of the HFS with ATP in the patch pipette (85.5 ± 7.9 % of first 416 EPSC, t-test, p=0.12), but remained significantly depressed with ATPyS in the 417 pipette (41.3 ± 8.4 % of first EPSC, t-test, p=0.002; Figure 6E). When HFS was 418 repeated 5 min later, EPSC amplitude had not recovered; the raw EPSC amplitude 419 at the start of the second HFS was only  $0.72 \pm 0.32$  nA (n=5) with ATPyS, compared 420 to 4.9 ± 0.8 nA (n=12) with ATP (data not shown). This pharmacological block of 421 ATP hydrolysis supports the interpretation that the compromised transmission with 422 glucose depletion was due to lack of ATP. 423

To more closely mimic the presynaptic condition occurring with glucose depletion, a 424 less extreme protocol was required, so presynaptic paired recordings were repeated 425 and presynaptic ATP lowered from 2.2 to 0.1 mM (without adding ATPyS). The total 426 adenine nucleotide concentration in the presynaptic pipette was maintained constant 427 at 2.2 mM (Jolivet et al., 2015), so for the low (0.1 mM) ATP condition, 2.1 mM AMP 428 was added to the presynaptic pipette. Under these conditions HFS within 1-2 min of 429 430 breaking into the presynaptic terminal resulted in an EPSC depression with low ATP in the pipette (69.0  $\pm$  2.9 %, n=8) that was similar to that with high ATP (53.0  $\pm$  9.8 431 432 %, n=7; two-way RM-ANOVA, between groups p=0.12, interaction p=0.45; power 35%, Figure 6F,G). The time course of EPSC amplitude recovery in the low ATP 433 condition was significantly altered (two-way RM-ANOVA, interaction p<0.001, 434 between groups p=0.15), but in both high and low ATP conditions EPSC amplitude 435 had recovered by 30 s after HFS (high ATP alone 85.5 ± 7.9 % of first EPSC, t-test, 436 p=0.12; low ATP 102.3 ± 4.3 % of first EPSC, t-test, p=0.61; Figure 6H). The 437 recovery curves were best fit with a single exponential (high ATP  $\tau$  4.4 ± 1.0 s, low 438 ATP  $\tau$  12.5 ± 2.3s). HFS was repeated 6-7 min after breaking into the presynaptic 439 terminal once there had been more time for dialysis to occur. In the low ATP 440 condition the EPSC depression ( $85.7 \pm 2.2 \%$ , n=12) was significantly increased 441 compared to the high ATP condition (70.0  $\pm$  2.8 %, n=12; two-way RM-ANOVA, 442 between groups p<0.001, interaction p=0.17; Figure 6B,I,J). There was a significant 443 difference between the high and low ATP groups in the magnitude of EPSC 444 amplitude during recovery (two-way RM-ANOVA, between groups p=0.011; 445 power=99 %, Figure 6B,K). The recovery curves were best fit with single 446 exponentials (high ATP  $\tau$  6.9 ± 0.5 s; low ATP  $\tau$  7.4 ± 1.1 s; Fig 6K). EPSC amplitude 447 failed to fully recover within 30 s after the HFS with low presynaptic ATP (69.2  $\pm$  4.5 448

% of first EPSC, t-test, p<0.001), and while the magnitude of the recovery was</li>
greater with high presynaptic ATP the EPSC amplitude failed to fully recover (83.5 ±
5.7 % of first EPSC, t-test, p=0.01). These results indicate that high frequency
transmission and subsequent EPSC recovery require presynaptic ATP, but also that
dialysis of the presynaptic terminal alters vesicle recycling even when a high
concentration of ATP is supplied.

These data therefore confirm that the changes observed in synaptic transmission on removal of glucose are a consequence of presynaptic ATP depletion from the terminal with subsequent impaired vesicle recycling. Having set up a means to investigate metabolic demand in a functional synapse, we asked to what extent other substrates substitute for glucose and tested the astrocyte-neuron lactate shuttle (ANLS) hypothesis.

461 At physiological glucose concentrations the lactate shuttle is required for

462 maintenance of presynaptic function

We tested whether the lactate shuttle was an important energy source for 463 presynaptic terminals at physiological glucose concentrations, by blocking lactate 464 465 uptake with monocarboxylate transporter (MCT) inhibitors. For these experiments we returned to only patching the postsynaptic MNTB neuron and using electrical 466 stimulation of the calyx axons to evoke HFS and recovery pulses at 5 min intervals. 467 468 We used a combination of two MCT inhibitors: 200 µM 4-CIN, a competitive MCT2 469 inhibitor (IC<sub>50</sub> 24 µM in Xenopus oocytes, Broer et al., 1999), and 1 µM AR-C155858, a non-competitive MCT1/2 inhibitor that diffuses into cells and binds to the 470 471 intracellular domain of the MCTs (K<sub>i</sub> 2-10 nM in rat erythrocytes and Xenopus oocytes, Ovens et al., 2010). This combination of MCT inhibitors was found to be 472

effective at blocking transmission supported by lactate in the absence of glucose (Figure 7). Even in the presence of a high concentration of lactate (10 mM) the MCT inhibitors reduced the EPSC amplitude to  $0.95 \pm 0.51$  nA (n=3) by 30 min, compared to an EPSC amplitude of  $7.35 \pm 1.27$  nA (n=4) in 10 mM lactate alone.

In initial experiments, we found that application of MCT inhibitors for 30 mins in the 477 presence of 10 mM glucose did not significantly increase the EPSC depression 478 during HFS or reduce the fast component of EPSC recovery (data not shown). 479 While 10 mM is a standard glucose concentration used for in vitro brain slice 480 electrophysiology, a more realistic extracellular glucose concentration in the brain is 481 482 in the range of 1-2 mM, while lactate levels are around 2-5 mM (Zilberter et al., 2010). We therefore investigated energy substrate use by the presynaptic terminal at 483 more physiological concentrations by examining whether 1 mM glucose or 1 mM 484 lactate could maintain presynaptic function and tested the extent to which lactate 485 shuttled from glial cells contributed to presynaptic energy supply at physiological 486 glucose concentrations. 487

After 30 minutes of perfusion with aCSF containing 1 mM glucose the EPSC 488 depression during HFS (59.5 ± 3.0 %, n=10) was not significantly different to that 489 with 10 mM glucose (50.9 ± 3.0 %, n=4, two-way RM-ANOVA, between group 490 p=0.007, Dunnett's post hoc, p=0.35; power=53 %, Figure 8A,B,F). In the absence of 491 glucose, 1 mM lactate can maintain synaptic function, with depression of  $64.8 \pm 7.9$ 492 % during HFS (n=4); this was not significantly different to that seen in the presence 493 494 of 1 mM glucose (Dunnett's post hoc p=0.71; power=9 %, Figure 8A,B,F). The next question was to determine if the presynaptic terminal was using glucose directly or 495 relying on the lactate shuttle. Perfusion of the MCT inhibitors in the presence of 1 496 497 mM glucose depressed EPSCs during HFS by  $75.3 \pm 3.5 \%$  (n=6), which was

498 significantly greater than the depression seen with 1 mM glucose alone (59.5  $\pm$  3.0 499 %, n=10, Dunnett's post hoc, p=0.017; power=93 %, Figure 8C,D,F). This suggests 500 that the presynaptic terminal is using glucose and that additional lactate (presumably 501 from glial cells) is important for maintaining normal transmission.

The recovery of the EPSC amplitude following HFS was not found to be significantly 502 different between the 1 mM glucose, 1 mM lactate or 1 mM glucose plus MCT 503 inhibitor groups (two-way RM-ANOVA, between groups p=0.21, interaction p=0.36; 504 Figure 8E). In all conditions the EPSC amplitude fully recovered within 20 s after the 505 end of HFS (1 mM glucose 94.3 ± 6.0 % of first EPSC, t-test, p=0.37; 1 mM lactate 506 507 97.2 ± 13.1 % of first EPSC, t-test, p= 0.85; 1 mM glucose plus MCT inhibitors 94.2 ± 7.3 % of first EPSC, t-test, p=0.46). In all conditions the recovery was best fit by a 508 double exponential (1 mM glucose  $\tau_{\text{fast}}$  310 ± 47 ms, 31 %,  $\tau_{\text{slow}}$  5.8 ± 10.6; 1 mM 509 lactate  $\tau_{\text{fast}}$  277 ± 31 ms, 32 %,  $\tau_{\text{slow}}$  5.9 ± 0.3 s; 1 mM glucose with the MCT 510 511 inhibitors in the presence of 1 mM glucose  $\tau_{\text{fast}}$  193 ± 62 ms, 23 %,  $\tau_{\text{slow}}$  5.5 ± 0.6 s).

Recovery curves are generally fit to the mean EPSC amplitudes due to the large 512 513 degree of variability in individual experiments. However, this generalisation masks elements of the physiological response, so for the mean recovery curves shown in 514 515 Figure 8E, we have re-plotted each individual recovery curve for each experiment in Figures 9A-D. In the 1 mM glucose the recovery curves were best fit by a double 516 exponential in 8 out of 10 cases (Figure 9A, with 9B showing the fast component up 517 to 2.5 s), in two cases (indicated by black squares) only a single slow component 518 was observed. Similarly, in 1 mM glucose with the MCT inhibitors the best fit was a 519 double exponential in 5 out 6 experiments (Figure 9C); again the one cell which 520 could not be fit by a double exponential is shown with black squares. In the 1 mM 521

lactate experiment, all four cases could be fit to a double exponential (Figure 9D). 522 We show this data to justify exclusion of those small number of cases where the 523 recovery curve is not fit by a double exponential, which then allows analysis of the 524 fast and slow components of recovery. Analysing only the double exponential 525 recovery curves, the percentage of fast recovery was significantly reduced in the 526 presence of the MCT inhibitors ( $25.3 \pm 3.3 \%$ , n=5) compared to 1 mM glucose (50.0527  $\pm$  5.5 %, n=8, one-way ANOVA p= 0.02, Dunnett's post hoc p=0.01; Figure 9E), 528 consistent with a presynaptic contribution by metabolism of lactate under low 529 530 glucose conditions. There was no significant difference in the percentage of fast recovery between 1 mM lactate (33.8 ± 8.4 %, n=4) compared to 1 mM glucose 531 (Dunnett's post hoc p=0.14; Figure 9E). The value of the fast time constant was the 532 same across all experimental conditions (1 mM glucose 440 ± 163 ms, 1 mM 533 glucose plus MCT inhibitors 167 ± 43 ms, 1 mM lactate 342 ± 127 ms, one-way 534 ANOVA p=0.42; Figure 9F). Similarly, the slow time constant was unchanged across 535 all conditions (1 mM glucose 7.4  $\pm$  1.6 s, 1 mM glucose plus MCT inhibitors 4.5  $\pm$  2.0 536 s, 1 mM lactate 7.3 ± 1.9 s, one-way ANOVA p=0.48; Figure 9G). We conclude that 537 the underlying recycling processes were unchanged across these conditions, and 538 that loss of lactate as a presynaptic substrate (by blocking uptake) reduced ATP 539 availability and that this was reflected in a reduced fast activity-dependent recovery. 540 Under low ATP conditions the Thr172 residue of AMP kinase is phosphorylated, so 541 phospho-Thr172-AMPK is used as an indicator of metabolic stress (Hardie et al., 542 2012). We tested for evidence of metabolic stress using western blotting from slices 543 that had been used for electrophysiology. In slices treated with 1 mM glucose (for 40 544 min) there was increased AMPK Thr172 phosphorylation compared to slices treated 545

with 10 mM glucose (Figure 8G) and the addition of the MCT inhibitors in the
presence of 1 mM glucose did not further increase AMPK phosphorylation.

To determine whether the lactate supporting presynaptic function was generated 548 from glucose or the result of glycogen breakdown within glial cells, we applied the 549 glycogenolysis inhibitor, 1,4-dideoxy-1,4-imino-d-arabinitol (DAB, 500 µM), in the 550 presence of 1 mM glucose. We found no effect of DAB on the magnitude of EPSC 551 depression during HFS (43.5  $\pm$  5.3 %, n=4) when compared to glucose alone (49.3  $\pm$ 552 3.3 % n=4; two-way RM-ANOVA, between groups p=0.38, interaction p=0.88, 553 power=15 %, Figure 10A,B,D). Furthermore, there was no significant effect on the 554 555 EPSC amplitude during the recovery period (two-way RM-ANOVA, between groups 556 p=0.86, interaction p=0.20), and the recovery curve in the presence of 1 mM glucose plus DAB was fit by a double exponential ( $\tau_{fast}$  157 ± 25 ms, 59 %,  $\tau_{slow}$  7.8 ± 2.6 s, 557 Figure 10C). We conclude that there is no detectable contribution from 558 glycogenolysis when glucose in available in the aCSF. 559

560 Lactate produced from glycogenolysis in glial cells helps support presynaptic

561 *function in extreme glucose deprivation.* 

Lactate contributes to maintaining synaptic transmission in low glucose, but what 562 happens during more severe energy deprivation, such as when glucose was being 563 completely depleted? Synaptic transmission was maintained for 15 min during 564 perfusion of an aCSF containing zero glucose and zero lactate. The EPSC 565 depression was 45.2 ± 4.6 % during HFS (n=6; Figure 11A,B), but the addition of 566 MCT inhibitors (in the same zero glucose/lactate aCSF) significantly increased the 567 magnitude of the EPSC depression to  $65.4 \pm 4.0 \%$  (n=6, two-way RM-ANOVA, 568 between groups p=0.01, Bonferroni post hoc, p=0.01). Perfusion of the 569

glycogenolysis inhibitor (500 µM DAB, in zero glucose/lactate aCSF) increased the 570 magnitude of EPSC depression to  $62.3 \pm 4.1$  % (n=7, Bonferroni post hoc, p=0.03; 571 power=79 %, Figure 11A,B,D). There was no significant difference in the EPSC 572 depression between the MCT inhibitor and DAB groups (Bonferroni post hoc, 573 p>0.99). The EPSC recovery phase in zero glucose/lactate aCSF maintained both 574 fast 142 ± 34 ms (30 %) and slow 2.7 ± 0.3 s components; and was not significantly 575 different on addition of MCT inhibitors ( $\tau_{fast}$  201 ± 88 ms, 15 %;  $\tau_{slow}$  9.4 ± 1.1 s; 576 Figure 11C) or DAB ( $T_{fast}$  351 ± 85 ms, 31 %;  $T_{slow}$  7.4 ± 0.8 s; two-way RM-ANOVA, 577 between group p=0.084, interaction p=0.64). The HFS epochs were continued every 578 5 mins (beyond this 15 mins time point) until EPSC failures started to occur. In the 579 DAB condition, but not with the MCT inhibitors, the first EPSC failure occurred earlier 580 than with zero glucose alone (one-way ANOVA, p= 0.033; Bonferroni post hocs, 581 DAB p=0.03, MCT inhibitors p=0.50; Figure 11E). We conclude that during glucose 582 deprivation lactate can help to maintain presynaptic function in the short-term, with 583 the lactate being generated by the breakdown of stored glycogen. 584

#### 585 **Discussion**

We have employed the calyx of Held/MNTB synapse to investigate how energy 586 substrate availability and presynaptic ATP influence synaptic transmission. Synaptic 587 transmission declines and eventually fails following glucose depletion. Dialysis of the 588 presynaptic terminal with low ATP confirmed that the impaired transmission following 589 glucose removal is caused by presynaptic ATP depletion. Model-based analysis of 590 synaptic transmission indicated that glucose depletion slowed activity-dependent 591 vesicle replenishment and reduced the number of functional release sites, resulting 592 in a smaller resting RRVP size. When extracellular glucose is within the physiological 593

range (1 mM) the presynaptic terminal uses glucose and lactate. Glycogenolysis also
contributes to the maintenance of synaptic transmission during glucose deprivation
(Figure 12).

## 597 Presynaptic ATP depletion impairs presynaptic function

At the calyx of Held/MNTB synapse HFS generates a well characterised short-term 598 synaptic depression, which is one way of reducing metabolic cost during prolonged 599 transmission (Billups et al., 2005; von Gersdorff and Borst, 2002). Sustained HFS in 600 the presence of 10 mM glucose caused an initial rapid depression in the EPSC 601 amplitude followed by a period of relatively stable low amplitude EPSC transmission, 602 which subsequently recovered to the initial EPSC amplitude. Twenty minutes after 603 the removal of glucose, EPSC depression increased towards the end of the HFS 604 train and recovery was impaired. Energy deprivation would eventually influence the 605 postsynaptic resting membrane potential and conductance (Akasu et al., 1996; 606 607 Calabresi et al., 1997), but in our experiments ATP was provided in the postsynaptic 608 patch pipette, thereby eliminating postsynaptic effects while permitting depletion of the presynaptic terminal. Repeating HFS epochs over a period of 25 min without 609 glucose caused a progressive decline in EPSC amplitude and failure of transmission. 610

Dialysis of ATPγS into the presynaptic terminal rapidly blocked all ATP usage. A
more subtle control of presynaptic ATP was achieved by dialysis of the terminal with
low ATP, this condition increased EPSC depression during HFS and impaired the
subsequent recovery, similar to glucose deprivation. These results confirm that the
effects of glucose deprivation were caused by presynaptic energy depletion and
reduced glutamate release. This is consistent with glucose deprivation in other brain

regions where transmission is impaired by a reduction in transmitter release (Akasu
et al., 1996; Calabresi et al., 1997; Izumi et al., 1997).

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Energy deprivation reduces the number of functional release sites and rate of vesiclereplenishment.

Analysis of the data and fit to the computational model suggests the reduction in 622 synaptic transmission with ATP depletion is due to slowed activity-dependent 623 replenishment of the RRVP during HFS and a decreased number of functional 624 release sites, resulting in a reduced resting RRVP size following recovery (Figure 9). 625 Reductions in vesicle release probability cannot account for EPSC amplitude 626 changes since there was no change in the variance/mean ratio of EPSC amplitudes 627 during the HFS. The initial release probability ( $P_o$ ) early in the HFS was unchanged 628 in the absence of glucose, consistent with there being sufficient time (4 minutes) and 629 630 ATP availability to recover the release probability between HFS epochs. This 631 contrasts with a previous study where glucose deprivation decreased the release probability in corticostriatal synapses (Calabresi et al., 1997). 632

633 The increased activity-dependent RRVP replenishment time constant,  $\tau_r$ , is the major factor contributing to the increased EPSC depression during HFS in zero glucose. 634 635 This is consistent with the loss of the fast activity-dependent component from the EPSC recovery curve after 20 min of zero glucose (Figure 2D), which corresponds 636 with the slow release pool previously observed at the calyx and blocked by ATPyS 637 (Neher, 2017; Sakaba and Neher, 2003). Furthermore, when the presynaptic 638 terminal was dialysed with low ATP the first change was a slowing of recovery 639 (Figure 6H), and block of presynaptic lactate uptake by MCT inhibitors reduced the 640

contribution by the fast recovery phase (Figure 8E, Figure 9), suggesting that
activity-dependent vesicle replenishment is particularly sensitive to reduced
presynaptic ATP.

The model identified a reduced size of the maximal RRVP as underlying the failure 644 of the EPSC to fully recover between HFS trains with glucose deprivation. This is 645 interpreted as an increase in the number of release sites lacking primed vesicles, 646 which could arise by the slowing of multiple ATP-dependent processes, including 647 vesicle priming and recycling. When glucose was removed, the imaging results 648 suggest that endocytosis is particularly susceptible to energy depletion, while 649 650 exocytosis is less so; this fits with previous findings that endocytosis is a particularly energy demanding process (Rangaraju et al., 2014; Pathak et al., 2015). 651

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## The action potential waveform is also capable of influencing transmitter release.

The relationship between presynaptic action potential waveform, calcium influx and 655 transmitter release at the calvx of Held is well characterized and detailed (Borst & 656 Sakmann, 1998; Kochubey et al., 2009; Yang & Wang, 2006; for reviews see von 657 Gersdorff & Borst 2002; Schneggenburger & Forsythe, 2006). Changes in 658 659 presynaptic AP waveform have been observed following blockade of potassium currents (Wang & Kaczmarek, 1998) in studies of activity-dependent vesicle 660 recycling, and with activity-dependent modulation of presynaptic potassium currents 661 662 at mossy fibres (Geiger & Jonas, 2000). Recent observations during resting conditions and low frequency stimulation (Lujan et al., 2016) support the idea that 663

pharmacological block of glycolysis affects transmitter release by depolarization 664 (implying rundown of ionic gradients) and slowing of the presynaptic AP waveform. 665 In the research reported in this paper, we have explored synaptic transmission under 666 quasi-physiological conditions (in vitro) and induced a metabolic stress by 667 exchanging extracellular metabolic substrates and induction of high frequency 668 stimulation (with 3000 action potentials). Additionally, for the presynaptic recordings 669 670 reported here, the 'action potential' was a voltage-clamp command and intracellular ionic concentrations were maintained by dialysis of the terminal from the patch 671 672 pipette, so the changes in transmitter release observed with reduced ATP concentrations were not due to changes in AP waveform. This shows that 673 mechanisms other than changes in AP waveform must also contribute, and we 674 demonstrated that changes in neurotransmitter release parameters are observed on 675 ATP depletion during high frequency stimulation. 676

677

#### 678 Presynaptic terminals can utilise both glucose and lactate.

The ANLS hypothesis has stimulated considerable debate (Dienel, 2012; Pellerin 679 680 and Magistretti, 2012). It postulates that during neuronal activity, when energy demand is high, glucose is preferentially metabolised by glial cells to lactate and this 681 lactate is shuttled to neurons to meet neuronal metabolic demands (Pellerin and 682 Magistretti, 1994). Many ANLS studies have been conducted in tissue culture, but 683 684 the MNTB brain slice preparation has the advantage of maintaining association between the presynaptic calyx, its target neuron and glial cell (Uwechue et al., 2012). 685 686 Izumi et al. (1997) found that lactate can fully support synaptic transmission, while others found 20 mM lactate could only partially substitute for glucose (Nagase et al., 687

2014). We found that 1 mM lactate, which is within physiological ranges (Zilberter et 688 al., 2010) can be metabolised by the terminal to sustain presynaptic function. 689 Oxidative phosphorylation is the major energy source in the brain (Hall et al., 2012; 690 Harris et al., 2012) with glucose metabolism rising with brain activity to drive local 691 ATP synthesis (Rangaraju et al., 2014). Recent studies have suggested that 692 glycolysis is very significant in nerve terminal metabolism (Ashrafi & Ryan, 2017; 693 694 Lujan et al., 2016) and that neuronal activity increases Glut4 glucose transporters in presynaptic membranes (Ashrafi et al., 2017) via AMPK signalling, thereby raising 695 696 intracellular pyruvate as a substrate for Krebs cycle.

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698 The results demonstrate that when glucose is around physiological levels (1 mM) presynaptic terminals can utilise both glucose and lactate and that metabolic 699 compromise during neuronal activity can limit the efficacy of synaptic transmission. 700 701 Phosphorylation of AMPK-Thr172 did not increase when lactate uptake was blocked, 702 suggesting that there was no further metabolic stress in the absence of lactate, but any further change may have been occluded through AMPK activation on reducing 703 glucose from 10 to 1 mM. The ability to use both glucose and shuttled lactate will 704 confer a physiological advantage where metabolic demands are high. In 705 hippocampal slices the ANLS did contribute to maintaining synaptic transmission in 706 707 slices exposed to low (2 mM), but not higher glucose concentrations (Izumi et al., 1997). Another study suggested that the ANLS is required for fully functional 708 709 synaptic transmission (Nagase et al., 2014), however, 1 mM of the MCT inhibitor 4-CIN used in that study would be sufficient to also disrupt mitochondrial pyruvate 710 uptake (McKenna et al., 2001) compromising Krebs cycle ATP production. 711

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Glycogen is implicated as an energy source under physiological conditions (Suzuki 713 et al., 2011; Brown et al., 2003). We found no evidence for glycogenolysis when 714 neurons were supplied with 1 mM glucose, but during severe glucose deprivation 715 MCT inhibitors and glycogenolysis inhibitors independently reduced synaptic 716 transmission to a similar extent. In the brain, glycogen and glycogen phosphorylase 717 (the enzyme required for glycogenolysis) are only found in glial cells (Cataldo and 718 719 Broadwell, 1986; Pfeiffer et al., 1992). Our result under extreme glucose deprivation is consistent with lactate being produced by glial cells from the hydrolysis of 720 721 glycogen stores to maintain synaptic transmission. Increases in the AMP:ATP ratio activate glycogen phosphorylase (Obel et al., 2012), consistent with glycogen acting 722 as a short-term energy reserve to maintain neuronal transmission during glucose 723 724 deprivation (Brown et al., 2003; Shetty et al., 2012). Alternatively, glial generation of 725 lactate from glycogen could preserve extracellular glucose for neurons rather than generate lactate for neuronal use (DiNuzzo et al., 2010). 726 727 We demonstrate that excitatory synaptic terminals use glucose and lactate generated during glucose deprivation, consistent with lactate shuttling under 728 conditions of metabolic stress. The experimental paradigms developed here to 729 investigate presynaptic metabolic substrates in a physiological system show clear 730 changes in synaptic transmission when energy supply is compromised or while 731 732 sustaining high transmission rates. When energy resources become scarce modulation of presynaptic function may reduce metabolic demand, but will also 733 compromise information transmission; the interplay between these signalling and 734 735 metabolic pathways will provide insights to improve cognition following brain injury, for example in stroke, hypoglycaemia and ageing. 736

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#### 892 Figure/Table legends

893

# 894 **Figure 1.** The paradigm to investigate presynaptic metabolic influence on 895 transmission at the calyx of Held synapse, *in vitro.*

(A) The recording configuration showing bipolar stimulation of the presynaptic axon
and patch recording of EPSCs from the postsynaptic MNTB neuron under whole-cell
voltage clamp. Metabolism in the postsynaptic MNTB neuron is maintained by ATP
through dialysis from the patch pipette.

900 (B) One epoch of high frequency stimulation (HFS, 50 s duration) consisted of a 30 s

100 Hz train, and a 20 s recovery phase of 6 stimuli (lower trace), the 3000 EPSCs

from this train are plotted (middle trace) and single EPSC traces for the first and last

903 EPSCs of the HFS train are plotted (top). The 6 Recovery EPSCs are plotted

superimposed (with latencies after the HFS indicated in seconds) illustrating therecovery period.

906 (C) The percent EPSC amplitude is plotted normalised to the first EPSC, for one 30 s
907 HFS (in standard recording conditions, 10 mM glucose). The initial rapid depression
908 of EPSC amplitude over the first 0.1 s is shown in the inset; and EPSC amplitude is

maintained at around 40% of the initial amplitude for the remainder of the HFS.

910 (D) The recovery of EPSC amplitude over 20 s following the end of HFS (in standard
911 recording conditions, 10 mM glucose) shows full recovery within 20 s.

912 (E & F) HFS epochs were repeated at 5 minute intervals while recording over a

period of 25 minutes. The mean EPSC amplitude (nA, not normalised) is plotted for

the first and last EPSC of each HFS (filled circles) and for each of the recovery

- 915 EPSCs (open circles) for control conditions with 10 mM extracellular glucose (E,
- n=4) and for zero extracellular glucose (F, n=5, except at 10 min where n=4). (E) For

the 10 mM glucose condition, EPSC amplitude recovers after each HFS and
continues to do for each subsequent HFS epochs. (F) In zero glucose good recovery
is observed after the first HFS epoch, but is increasingly compromised and
incomplete during subsequent epochs, giving a progressive reduction in EPSC over
time; so that there is little recovery from the third HFS epoch by 25 min (far right,
black arrows) in the absence of glucose. Pooled data, mean ± SEM.

923

### 924 Figure 2. Removal of glucose increases EPSC depression during HFS and

### 925 impairs subsequent EPSC recovery.

926 (A) Raw EPSC amplitudes during a HFS epoch after 20 minutes in either 10 mM
927 glucose (grey, n=4) or zero glucose (black, n=6). Left inset shows EPSC amplitudes
928 for the first 0.1 s of the HFS. Right inset shows the potential sources of presynaptic
929 metabolic substrate.

(B) The same data as A, under both conditions normalised to the amplitude of the
first EPSC and pooled (mean ± SEM). Left inset shows mean normalised EPSC
amplitude for the first 0.1 s of the HFS. Right inset shows example traces of the first
5 EPSCs.

(C) Mean % normalised EPSC recovery curve at 20 minutes for 10 mM glucose andthe impaired recovery after 20 min of zero glucose.

936 (D) Traces from one example after 20 min of zero glucose (top trace) showing 50 s

937 HFS epoch and recovery. Single EPSC traces for the first and last EPSCs in the

same HFS train are shown with 6 superimposed EPSCs (at the indicated latencies

939 after the HFS) illustrating the recovery period.

940 (E) After 20 min of perfusion with either 10 mM glucose or zero glucose the

coefficient of variation of the EPSCs was not different early in the HFS (3-4 s), but

was increased at the end of HFS (29-30 s) in the zero glucose condition (left panel).
No change was seen in variance/mean between the two conditions at either time
point (right panel).

(F) After 25 min of zero glucose EPSC failures were observed in three out of the 4
synaptic pairs studied; while no failures were observed in 10 mM glucose. In zero
glucose the raw EPSC amplitude was further reduced and the magnitude of
depression increased during HFS. The first failure for each recording is indicated by
the black triangle. Left inset shows EPSC amplitudes for the first 0.1 s of the HFS.
Right inset shows example traces of the first 5 EPSCs in each HFS train.

951

### 952 Figure 3. Model data fits well to experimental recordings.

The fit of the model (10 mM glucose in blue; zero glucose in red) to transmission in 953 the two experimental conditions is overlaid with the mean experimental data (zero 954 glucose in black, n=5 (25 min n=3); 10 mM glucose in grey, n=4) for four HFS 955 epochs recorded at (A) 10 min, (B) 15 min, (C) 20 min and (D) 25 min. The model 956 was fit to the 30 s HFS and the 20 s recovery period. Insets show the model fit and 957 mean experimental data over the first 0.5 s of the experimental recordings. With 958 increasing time, the zero glucose condition showed increased depression during the 959 HFS (0-30 s) and slowed recovery in amplitude during the recovery phase (30-50 s). 960 961

# Figure 4. The model parameters during glucose washout are consistent with a reduced number of functional release sites.

Plots of n (number of functional release sites) and p (release probability) model
parameters for control 10 mM glucose (A & C) and zero glucose conditions (B & D)
over the 10-25 mins of HFS epochs (10 – black, 15 - grey, 20 - blue, 25 - red).

(A) Decrease in the number of functional release sites (n) during HFS in aCSF
containing 10 mM glucose. The relative change in the model parameter n (Initially
n=1) from the beginning of each HFS epoch against time (s) is shown. The value of n
is unchanged across all epochs. (B) Relative change in n during washout of glucose
(zero glucose aCSF). In zero glucose, n decreases further and recovers more slowly
during subsequent HFS trains (15, 20 and 25 min).

973 (C) Although variable between epochs, no consistent change in release probability
974 (p) was observed during each sequential HFS epoch (10, 15, 20, 25 min) in 10 mM
975 glucose or (D) zero glucose.

976

# Figure 5. Suppressed uptake of FM1-43 fluorescence following HFS during washout of glucose.

979 (A) Representative images of calyx of Held synapses labelled with FM1-43FX;

labelling of vesicles in the presynaptic calyx is shown in green surrounding a central
unstained (black) MNTB neuron. Left column shows 10 mM glucose the right column
shows zero glucose before HFS (top), after HFS (middle) and after 2 min application
of α-Latrotoxin (bottom). Scale bar 10 µm.

(B) Summary graph of FM1-43FX fluorescence intensity plotted over time during the

25 min HFS (black bar) for calyces from slices perfused with 10 mM glucose (grey,

n= 14) and zero glucose (black, n= 12). Inset: ratios of fluorescence intensity after

- 987 Lat application over initial FM-dye fluorescence for calyces perfused in 10 mM
- glucose (grey, n= 14) and zero glucose (black, n= 12) show reduced vesicle

989 recycling in the zero glucose condition.

990

#### 992 Figure 6. Presynaptic dialysis with ATPγS or low ATP enhances synaptic

993 depression during HFS and impairs the subsequent EPSC recovery.

(A) Schematic of paired presynaptic and postsynaptic recording configuration (upper
left) with the three ATP conditions for the presynaptic dialysis. ATP was always
present in postsynaptic recordings. A voltage ramp (upper right) was applied to the
presynaptic terminal to mimic an action potential and trigger transmitter release; the
voltage ramp was applied to generate the HFS EPSC trains (100Hz, 2 sec) and the
pulses to follow recovery (lower panel).

1000 (B) Example EPSC traces recorded after 6-7 min presynaptic dialysis with high (2.2

1001 mM) ATP (grey) or low (0.1 mM) ATP (red); the upper traces show full stimulation

and recovery sweeps and the lower traces show the first and last EPSCs in the train

1003 (before recovery).

Data are presented to aid comparison as mean ± SEM in a 3x3 matrix of plots. The

1005 columns: (C,F,I) Left - shows the mean raw EPSC amplitudes during the train;

1006 (D,G,J) Middle – shows the same data normalised to the amplitude of the first EPSC

1007 (100%); (E,H,K) Right – Normalised EPSC as % recovery curves.

1008 The rows show the three experimental conditions:

1009 (C,D,E) Top - ATPγS (blue) versus ATP (grey) within 2 minutes of going 'whole-

1010 terminal'. This shows that dialysis with either ATPγS or ATP for 1-2 minutes gave

similar EPSC depression during the HFS, but the EPSC never recovered in the

1012 presence of ATPγS.

1013 (F,G,H) Middle – Low ATP (red) vs high ATP (grey) at 1-2 minutes of going 'whole-

1014 terminal'. Both ATP conditions gave a similar EPSC depression during the HFS; but

recovery was slowed in the low ATP condition.

(I,J,K) Bottom – Low ATP vs high ATP after 6-7 minutes of dialysis. Longer dialysis
 with low ATP showed significant enhanced EPSC depression during the HFS and
 incomplete recovery afterwards.

1019

**Figure 7. Combined application of two MCT inhibitors generated an effective** 

1021 block of lactate uptake into the presynaptic terminal.

1022 Slices were perfused with 10 mM lactate in the absence of glucose, with (grey) and

1023 without (blue) the monocarboxylate transporter (MCT) inhibitors 4-CIN (200  $\mu$ M) and

1024 AR-C155858 (1  $\mu$ M). The ability to sustain HFS EPSC trains was assessed at 10

and 30 minutes.

(A) 10 min: the raw EPSC amplitude during HFS was not significantly different

1027 following perfusion with lactate alone or lactate plus MCT inhibitors. Insets show

1028 EPSC amplitude for the first 0.1 s of HFS and example traces show the first 5

1029 EPSCs of the HFS.

(B) 30 min: the raw EPSC amplitude during HFS was maintained with 10 mM lactate

alone, but greatly reduced by addition of the MCT inhibitors with EPSC failures

1032 during the HFS in 1 of the 3 recordings.

1033

1034 Figure 8. Presynaptic terminals can utilise glucose or lactate to maintain

1035 synaptic transmission.

(A) Raw EPSC amplitudes and (B) mean normalised EPSC amplitudes plotted
during HFS show that the magnitude of EPSC depression was similar after 30 min
perfusion with either 1 mM glucose (grey) or 1 mM lactate (blue) alone. (A inset) Left
plot shows the first 0.1 s of HFS. Right inset shows the experimental conditions. (B
inset) Left plot shows the normalised EPSC amplitudes for the first 0.1 s of HFS.

1041 Right plot shows example traces of the first 5 EPSCs of HFS using glucose or lactate1042 as the sole presynaptic metabolic substrate.

1043 (C) Raw EPSC amplitudes and (D) mean normalised EPSC amplitudes during HFS

after 30 min of perfusion with 1 mM glucose alone (grey) and 1 mM glucose plus the

1045 monocarboxylate transporter (MCT) inhibitors (red; 4-CIN, 200 µM + AR-C155858, 1

 $\mu$ M). The MCT inhibitors significantly enhanced EPSC depression. (C inset) the left

1047 plot shows EPSC amplitudes for the first 0.1 s of HFS. The right inset shows the

1048 experimental conditions. (D inset) Left plot shows is the EPSC amplitudes for the first

1049 0.1 s of HFS. Right plot shows example traces of the first 5 EPSC of HFS.

(E) EPSC amplitude fully recovers following HFS in the presence of 1 mM glucose,

1051 1 mM lactate or 1 mM glucose plus MCT inhibitors, however see figure 9.

(F) Summary of the average EPSC amplitude during HFS. For each individual

recording every 100<sup>th</sup> EPSC of HFS (i.e. 30 EPSCs in total) was averaged, these are

the EPSCs used for statistical analysis (RM-ANOVA).

1055 (G) Western blots show increased AMP kinase and phosphorylated AMP kinase

(Thr172), in slices perfused with 1 mM glucose compared to 10 mM glucose. 1 mM

1057 glucose plus MCT inhibitors gave no further increase in AMPK or Thr172 pAMPK.

1058

Figure 9. Analysis of individual recovery curves reveals that MCT inhibitors
 reduce the contribution of fast EPSC recovery in 1 mM glucose.

Individual recovery curves from single calyx of Held synapses (indicated by the
different colours) from the 30 min HFS epoch while being perfused with one of three
different substrate conditions.

1064 (A & B) 1 mM glucose, (C) 1 mM glucose plus MCT inhibitors and (D) 1 mM lactate.

Data in black squares/lines in A-C show curves that could not be fit by a double

1066 exponential and have been excluded from subsequent analysis.

(E) Plot of percentage amplitude contribution by the fast recovery time constant; this
 was significantly reduced by MCT inhibitors. There was no difference between the 1
 mM lactate and 1 mM glucose conditions.

(F) The value of the fast time constant of recovery was not significantly different
between with the three conditions: 1 mM glucose, 1 mM glucose plus MCT inhibitors

1072 or 1 mM lactate.

(G) The value of the slow time constant of recovery was not significantly different
between with the three conditions: 1 mM glucose, 1 mM glucose plus MCT inhibitors
or 1 mM lactate.

- 1076
- 1077

# Figure 10. Glycogenolysis makes no contribution to presynaptic metabolism in the presence of 1 mM extracellular glucose.

- 1080 (A) Raw EPSC amplitudes and (B) normalised mean EPSC amplitudes during HFS
- show that after 30 min of perfusion with 1 mM glucose plus the glycogenolysis
- inhibitor (black; DAB, 500 µM) there was no difference in EPSC depression
- 1083 compared to with 1 mM glucose alone (grey). Insets show the first 0.1 s of HFS and
- example EPSC traces show the first 5 EPSCs of HFS.
- 1085 (C) The addition of DAB in the presence of 1 mM of glucose had no effect on the
   1086 EPSC recovery curve.
- 1087 (D) Summary showing the average EPSC amplitude during the 30 s of HFS was
- similar in the presence or absence of DAB.

1089

- 1090 Figure 11. Glycogenolysis can contribute to maintenance of synaptic transmission during washout of glucose. 1091 (A) Raw EPSC amplitudes and (B) normalised mean EPSC amplitudes during HFS, 1092 show that after 15 min of perfusion with 0 mM glucose plus MCT inhibitors (red; 200 1093 µM 4-CIN + 1 µM AR-C155858) or 0 mM glucose plus the glycogenolysis inhibitor 1094 1095 (black; 500 µM DAB) there was increased EPSC depression compared to with 0 mM glucose alone (grey). Insets show the first 0.1 s of HFS and example EPSC traces 1096 1097 give the first 5 EPSCs of HFS. (C) The addition of the MCT inhibitors or DAB in the absence of glucose did not 1098 change the recovery. 1099 1100 (D) Summary of the average EPSC amplitude during the 30 s of HFS at 15 minutes 1101 exposure show that both MCT inhibitors and DAB cause a significant reduction in EPSC amplitude. 1102 1103 (E) Delivery of HFS epochs was continued beyond 15 minutes and the number of stimuli delivered (3000 per HFS train) before observation of the first transmission 1104 failure is reduced in the presence of DAB. 1105 1106 1107 1108 1109 Figure 12. Summary diagram showing the route of metabolic substrate utilisation by the presynaptic terminal and the effects of ATP depletion on 1110 transmitter release. 1111 1112 Under physiological conditions the presynaptic terminal will use glucose directly, and could also utilise local lactate made by glial cells. During glucose deprivation some 1113
  - energy is supplied in the form of the lactate from glycogen breakdown in the glial

1115 cells. ATP depletion did not primarily effect vesicle release probability, but slowed

1116 vesicle replenishment and reduced the number of release sites possessing

releasable vesicles, a reduction in endocytosis and vesicle recycling rates may also

1118 contribute to compromised transmission.

1119

# 1120 Table 1

	Control				Zero glucose			
	10 min	15 min	20 min	25 min	10 min	15 min	20 min	25 min
$ au_{r0}$ (s)	0.042	0.039	0.044	0.042	0.045	0.040	0.051	0.063
$\mathcal{T}_{f}(s)$	0.010	0.021	0.010	0.010	0.010	0.035	0.056	0.019
Ро	0.163	0.178	0.128	0.131	0.133	0.192	0.176	0.199
<b>kf</b> (fixed)	0.030	0.030	0.030	0.030	0.030	0.030	0.030	0.030
An	0.440	0.412	0.454	0.417	0.538	0.264	0.085	0.045
$ au_{m{n}}$ (s)	10.978	9.712	11.844	10.570	11.709	12.068	13.115	8.674
kn	6.318	7.014	5.428	6.187	2.699	8.500	3.890	2.571
$ au_{I}(s)$	2.089	2.546	2.906	2.318	3.342	0.813	12.175	3.696
ki	0.0023	0.0017	0.0015	0.0017	0.0018	0.0033	0.0026	0.0026
$ au_{rR}$ (s)	2.907	2.821	2.755	1.952	6.674	1.499	2.187	3.608
$ au_{rD}$ (s)	2.546	1.621	1.194	1.351	0.707	1.216	0.747	1.149
nRec	0.828	0.875	0.920	0.877	1.085	0.653	0.634	0.063

1121

1122

# 1123 **Table 1. Model parameter values.**

1124 Model parameter values obtained from fitting to the mean data in 10 mM glucose

and zero glucose for each HFS epoch (as indicated at 10, 15, 20 and 25 min).

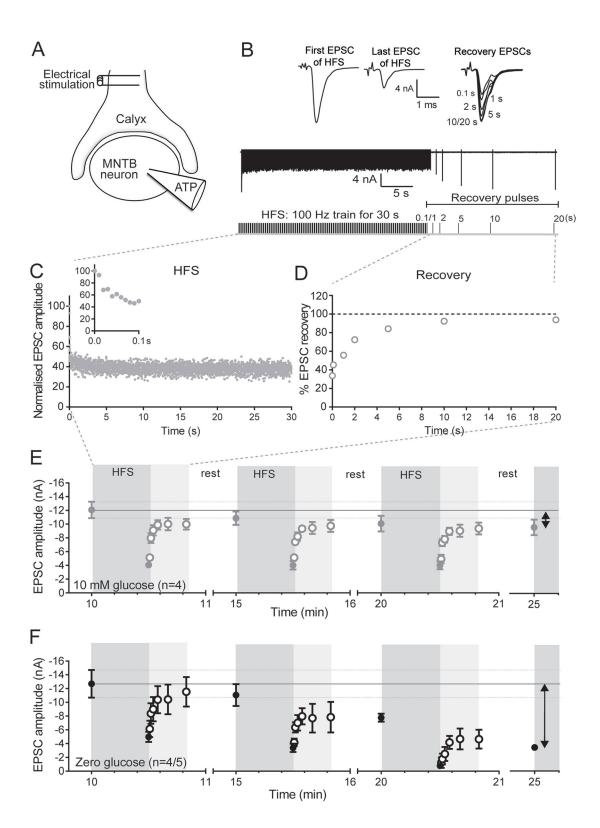
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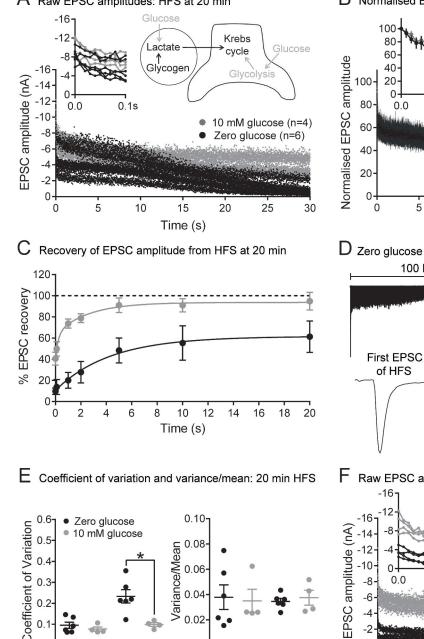
# 1128 Additional Information

- 1129
- 1130 The authors declare no competing interests.
- All authors have approved the final version of the MS and agree to be accountable
- 1132 for the work. Only authors that qualify for authorship have been listed.
- 1133
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- 1135

# 1136 Author Contributions:

- 1137 SL: Expt design, electrophysiology and imaging acquisition and analysis, MS drafting
- and revision.
- 1139 CBM: Modelling, analysis, MS drafting.
- 1140 VM: Expt design, analysis, MS drafting.
- 1141 JLS: Western blot acquisition and analysis, MS drafting.
- 1142 MHH: Expt and modelling design and interpretation, MS drafting and revision.
- BG: Expt and modelling design and interpretation, MS drafting and revision.
- 1144 IDF: Expt Design, interpretation, MS drafting and revision.

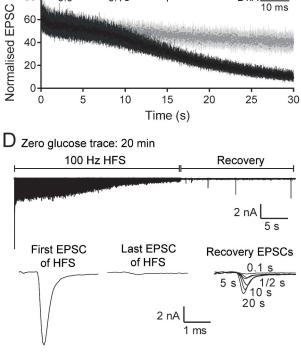




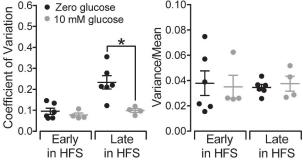
A Raw EPSC amplitudes: HFS at 20 min



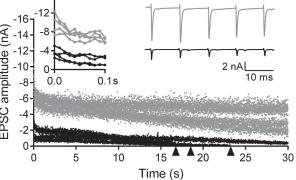
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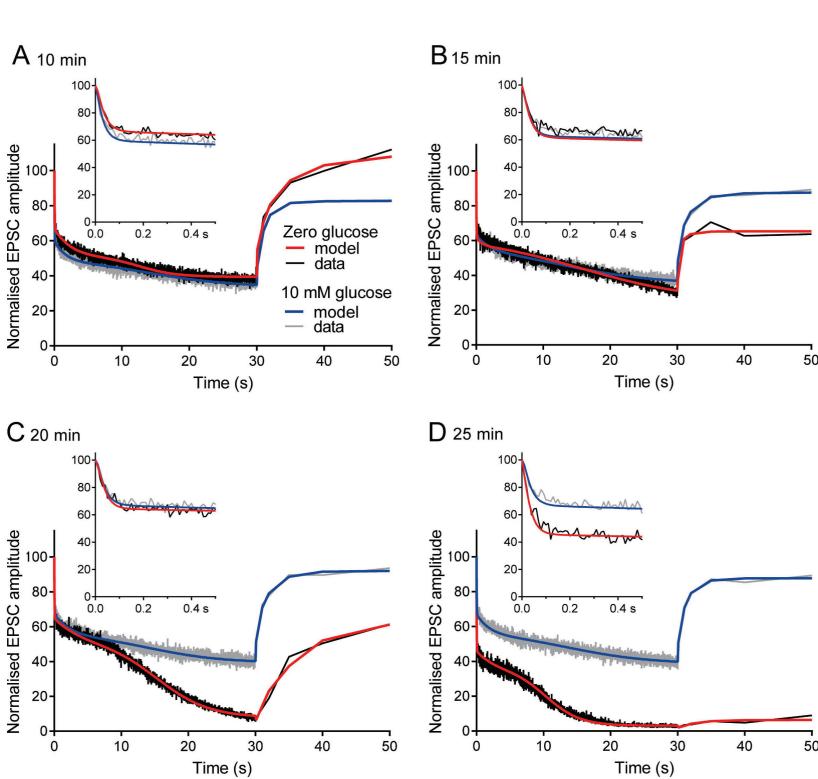


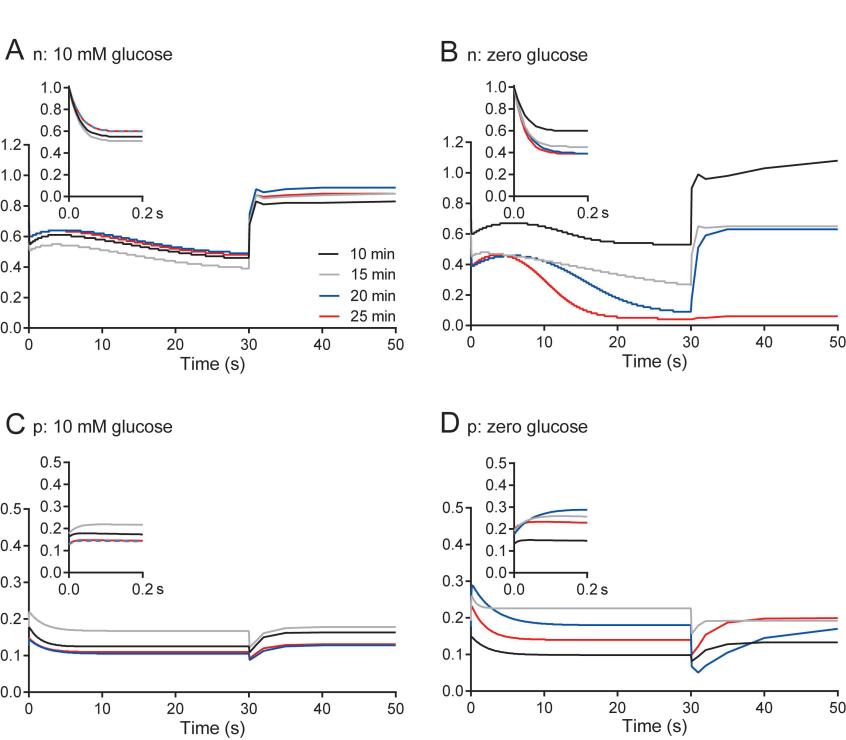
2 nA

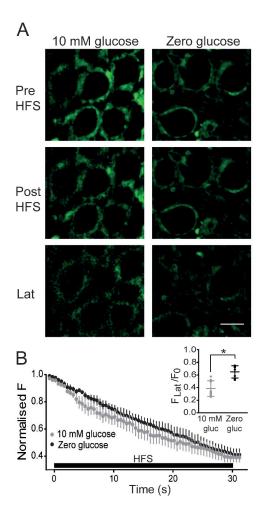


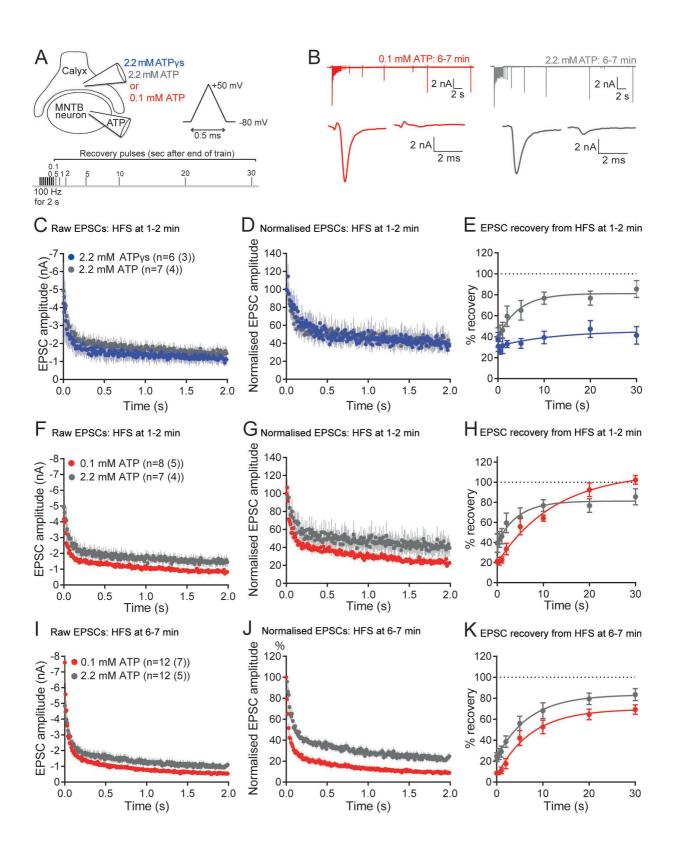
Raw EPSC amplitudes: HFS at 25 min

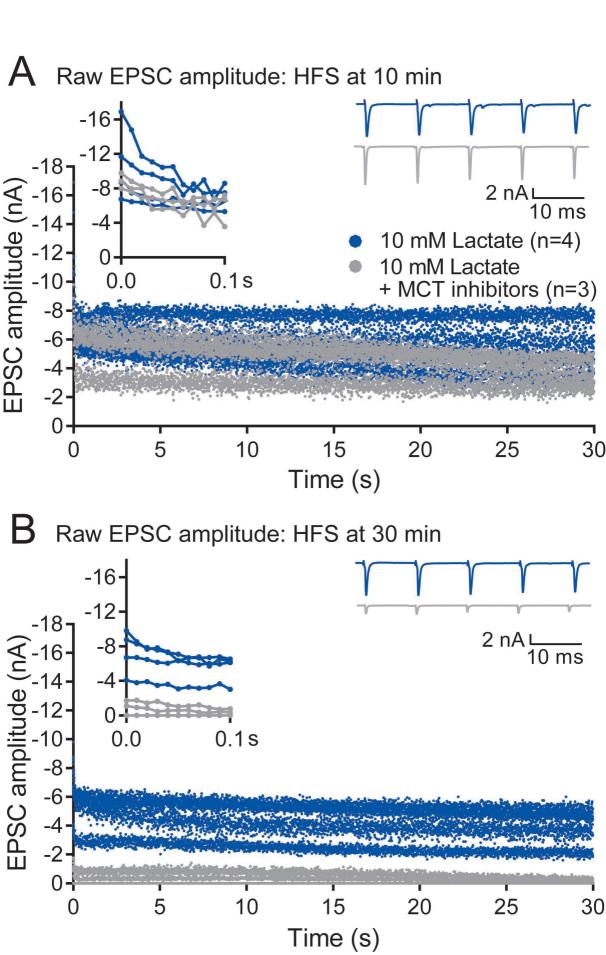












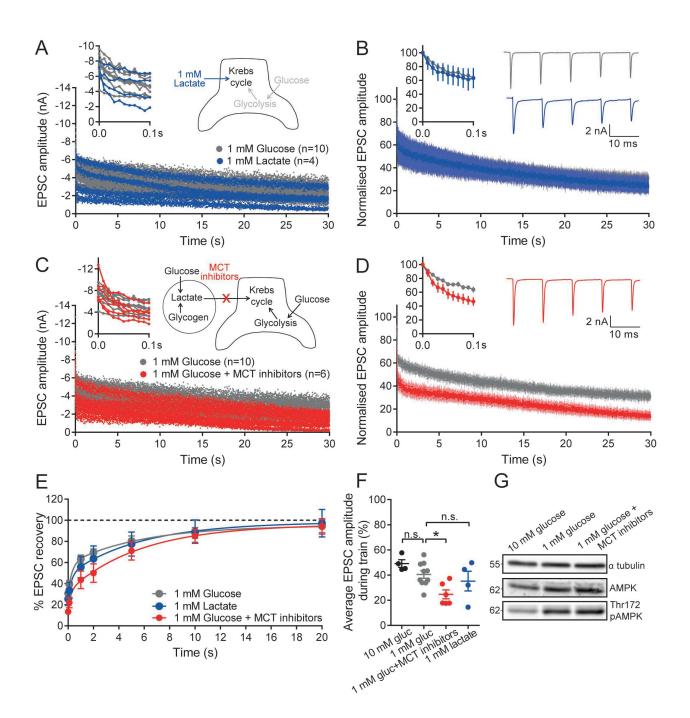


Figure 9

